

Week 1 of 5					
	Monday 3/30	Tuesday 3/31	Wednesday 4/1	Thursday 4/2	Friday 4/3
Closed for Spring Break- School Resumes 4/6/20					
Week 2 of 5					
Meal Pattern	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	Tomato wedges (A,C)	Strawberries Slices (C)	1/2 Banana	Orange Wedges (C)	Diced Peaches (C)
Bread/Alternate	WW Biscuits	WW Oatmeal	General Mills Multi-Grain Cheerios Cereal	Toasted English Muffin	WW Pillsbury Mini Pancakes
Other/Notes	Gravy			Jelly	Syrup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Hormel Turkey	@Ground Beef Meat Sauce	Los Cabos Sausage, Egg, & Cheese Burrito	Pinto Beans(I)	High Liner WG Breaded Fish Fillet (I)
Vegetable 1/4 c (2oz)	Mashed Potatoes	Green Beans	Baked Hashbrown	Turnip Greens (A,C)	Raw Broccoli (A,C)
Fruit 1/4 c (2oz)	Green Peas	Diced Pears	Orange Wedges (C)	Corn	Tropical Fruit Cocktail
(Vegies can replace fruits)					
Bread/Alternate	Healthy Life WW Bread	WW Spaghetti Noodles	(Burrito wrap)	Cornbread Muffin	Sister's Schubert's WW Roll
Other/Notes	Turkey Gravy	Parmesan Cheese	Ketchup, Salsa		
	*Serve as Open Face Sandwich	*Serve as @Spaghetti			Ranch
Snack (2 of 4 components)	Snack	Snack	Snack	Snack	Snack
Milk 1/2 c			1% Milk		
Fruit/Vegetable/Juice 1/2 c	Applesauce	Tomato Juice		Pineapple Tidbits (A,C)	Applesauce
Bread/Alternate	Grahams		General Mills Multi Grain Cheerios cereal	1/2 Pillsbury WW Bagel	Graham crackers
Meat/Alternate 1/2 oz		Monzerella String Cheese Stick		Cream Cheese	
Other/Notes	Water			Water	Water
Week 3 of 5					
Meal Pattern	Monday 4/13	Tuesday 4/14	Wednesday 4/15	Thursday 4/16	Friday 4/17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	Diced Peaches (C)	Banana Slices	Orange Wedges (C)	Diced Apricots (A)	Strawberries Slices (C)
Bread/Alternate	WW Cream of Wheat	Kellogg's WG Rice Krispies Cereal	Healthy Life WW Toast	WW Oatmeal	Pillsbury Frozen Southern Style WW Biscuit
Other/Notes			American Cheese		
			*Serve as Cheese Toast		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Tyson WG Chicken Patty (I)	Chef Boyardee Beef Ravioli CN Label	Hamburger Steak	@Tuna Salad	WG Tony's Smart Pizza Pepperoni and cheese CN Label
Vegetable 1/4 c (2oz)	Baked Curly Fries	(Tomato sauce A & C)	Mashed Potatoes	Tomato Wedges (A,C)	Green Beans
Fruit 1/4 c (2oz)	Tomato Wedges (A,C)	Diced Pears	Green Peas (A & C)	Romaine Lettuce/Spinach mix	Diced Peaches (C)
(Vegies can replace fruits)	Romaine Lettuce/Spinach mix			Tropical Fruit	
Bread/Alternate	Ultra WW Bun	Pasta in Ravioli	Sister's Schubert's WW Roll	Healthy Life WW Bread	(Pizza crust)
Other/Notes	Ketchup, Mustard, Mayo		Cooked Sweet Peppers & Onions		
	*Serve as Sandwich			*Serve as Sandwich	
Snack (2 of 4 components)	Snack	Snack	Snack	Snack	Snack
Milk 1/2 c	1% Milk				
Fruit/Vegetable/Juice 1/2 c			Tomato Sauce(A,C)		Applesauce
Bread/Alternate	Smart Choice WG Blueberry Muffin	Zesta WW Crackers	MaxStix-(Cheese & Bread)	Animal Crackers	Graham crackers
Meat/Alternate 1/2 oz		Boiled Egg- halved		Yogurt	
Other/Notes		water	water	water	
Week 4 of 5					
Meal Pattern	Monday 4/20	Tuesday 4/21	Wednesday 4/22	Thursday 4/23	Friday 4/24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	1/2 Banana	Cooked Apple Slices (C)	Diced Apricots (A)	Orange Wedges (C)	Diced Peaches (C)
Bread/Alternate	General Mills Multi-Grain Cheerios Cereal	WW Oatmeal	WW Cream of Wheat	Toasted English Muffin	WW Pillsbury Mini Pancakes
Other/Notes				Jelly	Syrup
Lunch	Lunch	Lunch	Lunch	Lunch (Culture Food)	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Los Cabos Sausage, Egg, & Cheese Burrito	@Ground Beef Meat Sauce	Beef Patty	@White Beans with Ham Chunks	High Liner WG Breaded Fish Fillet (I)
Vegetable 1/4 c (2oz)	Baked Hashbrown	Green Beans	Baked Curly Fries	@Cole Slaw	Raw Broccoli (A,C)
Fruit 1/4 c (2oz)	Orange Wedges (C)	Diced Pears	Tomato Wedges (A,C)	Tomato Wedges (A,C)	Tropical Fruit Cocktail
(Vegies can replace fruits)			Romaine Lettuce/Spinach mix		
Bread/Alternate	(Burrito wrap)	WW Spaghetti Noodles	WW Ultra Bun	Cornbread Muffin	Sister's Schubert's WW Roll
Other/Notes	Ketchup, Salsa	Parmesan Cheese	Ketchup, Mustard, Mayo		
		*Serve as @Spaghetti	*Serve as Sandwich		Ranch
Snack (2 of 4 components)	Snack	Snack	Snack	Snack	Snack
Milk 1/2 c				1% Milk	
Fruit/Vegetable/Juice 1/2 c	Pineapple Tidbits (A,C)	Tomato Juice	Applesauce		Applesauce
Bread/Alternate	1/2 Pillsbury WW Bagel		Graham crackers	Kellogg's WG Rice Krispies Cereal	Graham crackers
Meat/Alternate 1/2 oz	Cream Cheese	Monzerella String Cheese Stick			
Other/Notes	Water		Water		Water
Week 5 of 5					
Meal Pattern	Monday 4/27	Tuesday 4/28	Wednesday 4/29	Thursday 4/30	Friday 5/1
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	Orange Wedges (C)	Applesauce (C) with Cinnamon	1/2 Banana	Strawberries Slices (C)	Cooked Apple Slices (C)
Bread/Alternate	Toasted English Muffin	WW French Toast	Kellogg's WG Rice Krispies Cereal	WW Cream of Wheat	Pillsbury Frozen Southern Style WW Biscuit
Other/Notes	Jelly				
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Ground Beef Chili with Beans	Uncle Charlie's Porkloin Chop	Natural Choice Turkey & Cheese	Pinto Beans(I)	*American Cheese
Vegetable 1/4 c (2oz)	(Tomatoes (A,C) and Beans in chili)	Lima Beans	Tomato Wedges (A,C)	Turnip Greens (A,C)	@Vegetable Soup
Fruit 1/4 c / 2 oz (2oz)	Diced Pears	Cooked Carrots	Romaine Lettuce/Spinach mix	Corn	Pineapple Tidbits (C)
(Vegies can replace fruits)			Diced Peaches (C)		
Bread/Alternate	Zesta WW Crackers	Sister Schubert's WW Roll	Ultra WW Bun	Cornbread Muffin	Ultra WW Bread
Other/Notes	Shredded Sharp Cheese		Ketchup, Mustard, Mayo		Zesta WW Crackers
	*Serve as @ Chili		*Serve as Hoagie		*Served as Hot Sandwich
Snack (2 of 4 components)	Snack	Snack	Snack	Snack	Snack
Milk 1/2 c					1% Milk
Fruit/Vegetable/Juice 1/2 c	Diced Apricots (A)	Pineapple Tidbits (A,C)		Tomato Juice	
Bread/Alternate	Keelber Animal Crackers	1/2 Pillsbury WW Bagel	Zesta WW Crackers	MaxStix (Cheese & Bread)	Graham Crackers
Meat/Alternate 1/2 oz		Cream Cheese	American Cheese Slices		
Other/Notes	Water	Water	Water		

@= Recipe in recipe book WW=Whole Wheat or Whole Grain (I)=High Source of Iron, (A)=High Source of Vitamin A, (C)=High Source of Vitamin C, CN=Child Nutrition Label
 Substitutions will be made in accordance with individually identified needs.