## UCHRA Van Buen Head Start Menus 2020/2021 April 2021

			il 2021		
Week 1 of 5 Meal Pattern	Monday 3/29	Tuesday 3/30	Wednesday 3/31	Thursday 4/1	Friday 4/2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	Strawberry slices	Orange Wedges (C)	1/2 Banana	Blueberries	Cooked Apple Slices (C)
Bread/Alternate	WW Cream of Wheat	Healthy Life WW Toast	General Mills Multi-Grain Cheerios	WW Oatmeal	Pillsbury Frozen Southern Style WW
Other/Notes		American Cheese	Cereal		Biscuit
Guiomicio		*Serve as Cheese Toast			
Lunch	Lunch (Culture Food)	Lunch	Lunch	Lunch	Lunch
Milk 3/4 c Meat/Alternate 1 1/2 oz	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Ground Beef Meatballs	High Liner WG Breaded Fish Fillet (I)	Los Cabos Sausage, Egg, & Cheese Burritto	@Tuna Salad	WW Tony's Smart Pizza Pepperoni and cheese CN Label
Vegetable 1/4 c (2oz)	Green Peas	Raw Broccoli (A,C)	Baked Hashbrown	Tomato Wedges (A,C)	Green Beans
Fruit 1/4 c (2oz)	Diced Pears	Tropical Fruit Cocktail	Orange Wedges (C )	Romaine Lettuce/Spinach mix Tropical Fruit	Diced Peaches (C )
(Vegies can replace fruits)	Diceu i cai s	Tropical Frant Goektan	Orange Weages (O)	Tropical Fruit	Diced i eaches (0)
Bread/Alternate	WW Egg Noodles	Sister Schubert's WW Roll	(Burritto wrap)	Healthy Life WW Bread	WW (Pizza crust)
Other/Notes	Serve as @Swedish Meatballs		Ketchup, Salsa		
		Ranch		*Serve as Sandwich	
Week 2 of 5 Meal Pattern	Monday 4/5	Tuesday 4/6	Wednesday 4/7	Thursday 4/8	Friday 4/9
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Fruit/Vegetable/Juice 1/2 c	Diced Peaches (C)	Diced Apricots	1/2 Banana	Orange Wedges (C )	Diced Peaches (C)
Bread/Alternate	WW Cream of Wheat	WW Oatmeal	General Mills Multi-Grain Cheerios	Toasted English Muffin	WW Pillsbury Mini Pancakes
Other/Notes			Cereal	Jelly	Syrup
					3 .7
Lunch	Lunch	Lunch	Lunch	Lunch (Culture Food)	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	@White Beans with Ham Chunks	Tyson WG Chicken Patty (I)	WW Tony's Smart Pizza Pepperoni	@White Beans with Ham Chunks	@Tuna Salad
Vegetable 1/4 c (2oz)	@Cole Slaw	Baked Curly Fries	Green Beans	@Cole Slaw	Tomato Wedges (A,C)
					Romaine Lettuce/Spinach mix
Fruit 1/4 c (2oz)	Tomato Wedges (A,C)	Tomato Wedges (A,C)	Tropical Fruit Cup	Tomato Wedges (A,C)	Tropical Fruit
(Vegies can replace fruits) Bread/Alternate	Cornbread Muffin	Romaine Lettuce/Spinach mix Ultra WW Bun	WW (Pizza crust)	Cornbread Muffin	Healthy Life WW Bread
Other/Notes	Co. Abreau mallill	C.u.a TTT Dail	יייי (ו ובבע טושטון	SS. ADI GUA MAIIIII	
		Ketchup, Mustard, Mayo			*Serve as Sandwich
		*Serve as Sandwich			
Week 3 of 5	Monday 4/12	Tuesday 4/13	Wednesday 4/14	Thursday 4/15	Friday 4/16
Meal Pattern					2 16 1
Breakfast Milk 3/4 c	Breakfast 1% Milk	Breakfast 1% Milk	Breakfast 1% Milk	Breakfast 1% Milk	Breakfast 1% Milk
Fruit/Vegetable/Juice 1/2 c	Strawberry slices	Banana Slices	Orange Wedges (C)	Blueberries	Cooked Apple Slices (C)
Bread/Alternate	WW Cream of Wheat	Kellogg's Rice Krispies WW Cereal	Healthy Life WW Toast	WW Oatmeal	Pillsbury Frozen Southern Style WW
Other/Notes			American Cheese		Biscuit
Othermotes			*Serve as Cheese Toast		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Milk 3/4 c	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meat/Alternate 1 1/2 oz	Ground Beef	Pinto Beans(I)	Hamburger Steak	@Tuna Salad	WW Tony's Smart Pizza Pepperoni and cheese CN Label
					and cheese CN Laber
Manadable 411 (2. )					
Vegetable 1/4 c (2oz)	Tomato Wedges (A,C)	Turnip Greens (A,C)	Mashed Potatoes	Tomato Wedges (A,C)	Green Beans
	Romaine Lettuce/Spinach mix			Romaine Lettuce/Spinach mix	
Fruit 1/4 c (2oz)		Turnip Greens (A,C)  Corn	Mashed Potatoes  Green Peas (A & C)		Green Beans Diced Peaches (C )
	Romaine Lettuce/Spinach mix Diced Peaches			Romaine Lettuce/Spinach mix	
Fruit 1/4 c (2o2) (Vegies can replace fruits) Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell	Corn	Green Peas (A & C) Sister's Schubert's WW Roll	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread	Diced Peaches (C )
Fruit 1/4 c (2oz) (Vegies can replace fruits)	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa	Corn	Green Peas (A & C)	Romaine Lettuce/Spinach mix Tropical Fruit	Diced Peaches (C )
Fruit 1/4 c (2o2) (Vegies can replace fruits) Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell	Corn Cornbread Muffin	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread	Diced Peaches (C )
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Sheil  Shredded Sharp Cheese, Salsa  "Serve as Tortialla Pie	Corn Cornbread Muffin	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23*	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread "Serve as Sandwich	Diced Peaches (C )  WW (Pizza crust)
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Sheil Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19	Corn Cornbread Muffin  "Virtual all 1 Tuesday 4/20	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Veck 4/19-4/23* Wednesday 4/21	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern Breakfast	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiaillas Shell  Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast	Corn Cornbread Muffin  *Virtual all Tuesday 4/20  Breakfast	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5  Meal Pattern Breakfast Milk 3/4 c	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa *Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk	Corn Cornbread Muffin  "Virtual all" Tuesday 4/20  Breakfast 1% Milk	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk	Romaine Lettuce/Spinach mix Tropical Fruit  Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk
Fruit 1/4 c (202) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 11/2 Banana	Corn Cornbread Muffin  "Virtual all" Tuesday 4/20  Breakfast 11% Diced Pears Fruit Cup	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 118 Milki Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa *Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk	Corn Cornbread Muffin  "Virtual all Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk	Romaine Lettuce/Spinach mix Tropical Fruit  Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk
Fruit 1/4 c (202) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiaillas Shell Shredded Sharp Cheese, Salsa *Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios	Corn Cornbread Muffin  "Virtual all" Tuesday 4/20  Breakfast 11% Diced Pears Fruit Cup	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 118 Milki Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiaillas Shell Shredded Sharp Cheese, Salsa *Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal	Corn Cornbread Muffin  *Virtual all \text{Tuesday 4/20}  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Plisbury Bagel with Cream Cheese	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup  WW Blueberry Muffin	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5  Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch	Corn Cornbread Muffin  "Virtual all Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup Lunch	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 11% His 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch Lunch Lunch Lunch Lunch Lunch Lunch Linch Milk Los Cabos Sausage, Egg, & Cheese	Corn Cornbread Muffin  *Virtual all \text{Tuesday 4/20}  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Plisbury Bagel with Cream Cheese	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 11% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 11% Milk  Applesauce (C) Cup  WW French Toast  Lunch 1% Milk
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5  Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes  Lunch Milk 3/4 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa *Serve as Tortialla Pie  Monday 4/19 Breakfast 1/8 Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1% Milk	Corn Cornbread Muffin  "Virtual all' Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup  Lunch 1% Milk	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 11% Milk  Applesauce (C) Cup  WW French Toast  Lunch 1% Milk
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate Other/Notes  Week 4 of 5  Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes  Lunch Milk 3/4 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 11% His 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch Lunch Lunch Lunch Lunch Lunch Lunch Linch Milk Los Cabos Sausage, Egg, & Cheese	Corn Cornbread Muffin  "Virtual all' Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup  Lunch 1% Milk	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 11% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 11% Milk  Applesauce (C) Cup  WW French Toast  Lunch 1% Milk
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8 Milk 1/2 Banana General Milis Multi-Grain Cheerios Cereal Lunch 1/8 Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown	Corn Cornbread Muffin  "Virtual all ' Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23° Wednesday 4/21 Breakfast 1'5/, Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'5/, Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c FruitVegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa 'Serve as Tortialla Pie  Monday 4/19  Breakfast 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1/6 Milk Los Cabos Sausage, Egg, & Cheese Burritto	Corn Cornbread Muffin  Virtual all Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C)	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Millk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Millk Crustable PB & Grape Jelly	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19 Breakfast 1/8 Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )	Corn Cornbread Muffin  "Virtual all! Tuesday 4/20 Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c FruitVegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8 Milk 1/2 Banana General Milis Multi-Grain Cheerios Cereal Lunch 1/8 Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown	Corn Cornbread Muffin  "Virtual all ' Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23° Wednesday 4/21 Breakfast 1'5/, Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'5/, Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19 Breakfast 1/8 Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )	Corn Cornbread Muffin  "Virtual all " Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5  Meal Pattern Breakfast Milk s/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk s/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C)  (Burritto wrap)	Corn Cornbread Muffin  Virtual all Tuesday 4/20  Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 1% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C)  (Burritto wrap)  Ketchup	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 17% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 17% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortiallias Shell  Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C)  (Burritto wrap)	Corn Cornbread Muffin  "Virtual all " Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup
Fruit 1/4 c (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Under Coz (2oz)  Other/Notes  Week 5 of 5 Meal Pattern	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8, Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1/8, Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 11/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 11/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch Lunch Lunch Lunch Uso Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown Orange Wedges (C ) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 11% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 11% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Neek 4/19-4/23* Wednesday 4/21 Breakfast 1% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1% Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 17% Milk Applesauce (C) Cup  WW French Toast  Lunch 17% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Shell Shredded Sharp Cheese, Salsa "Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8, Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1/8, Milk Los Cabos Sausage, Egg, & Cheese Burritto Drange Wedges (C ) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8, Milk	Corn Cornbread Muffin  "Virtual all I Tuesday 4/20 Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich Tuesday 4/27 Breakfast 1% Milk	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'y, Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'y, Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 1'y, Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  Hy Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk
Fruit 1/4 c (20z) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Under/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19  Breakfast 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1/8 Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8 Mills  Strawberry slices	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A, C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1'% Milk Orange Wedges (C)	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28 Breakfast 1'X Milk 1'Z Banana	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1'%, Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1'%, Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1'%, Milk Blueberries	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Shell Shredded Sharp Cheese, Salsa "Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8, Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1/8, Milk Los Cabos Sausage, Egg, & Cheese Burritto Drange Wedges (C ) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8, Milk	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 11% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 11% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'y, Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'y, Milk Crustable PB & Grape Jelly Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 1'y, Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk
Fruit 1/4 c (20z) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Under/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19  Breakfast 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1/8 Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8 Mills  Strawberry slices	Corn Cornbread Muffin  "Virtual all ' Tuesday 4/20 Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich Tuesday 4/27 Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28 Breakfast 1'X Milk 1'Z Banana	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1'%, Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1'%, Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1'%, Milk Blueberries	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19  Breakfast 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1/8 Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8 Mills  Strawberry slices	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 11% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 11% Milk CN Label Hormel Ham & Cheese  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28 Breakfast 1'X Milk 1'Z Banana	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1'%, Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1'%, Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1'%, Milk Blueberries	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Meati/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa Serve as Tortiala Pie  Monday 4/19 Breakfast 1½ Banana General Milis Multi-Grain Cheerios Cereal  Lunch 1½ Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown Orange Wedges (C) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1½ Milk Strawberry slices WW Cream of Wheat  Lunch 1½ Milk	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup  Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1'% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 15% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 15% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 15% Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 15% Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW
Fruit 1/4 c (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (20z)  Fruit 1/4 c / 2 oz (20z) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern  Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa "Serve as Tortialla Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C)  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1% Milk Strawberry slices WW Cream of Wheat  Lunch	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 11% Milik Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 11% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 11% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 15% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 15% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 15% Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 15% Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label  Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup  WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C) Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate Other/Notes  Lunch Milk 3/4 c Meal Pattern Breakfast Milk 3/4 c Meal Pattern Breakfast Milk 3/4 c Meal Pattern Milk 3/4 c	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa "Serve as Tortialia Pie  Monday 4/19 Breakfast 1/8, Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1/8, Milk Los Cabos Sausage, Egg, & Cheese Burritto Drange Wedges (C ) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1/8, Milk Strawberry slices WW Cream of Wheat Lunch 1/8, Milk Tyson WG Chicken Patty (I)	Corn Cornbread Muffin  "Virtual all I Tuesday 4/20 Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27 Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1% Milk High Liner WG Breaded Fish Fillet (I)	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions  Week 4/19-4/23* Wednesday 4/21 Breakfast 1'9', Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'9', Milk Crustable PB & Grape Jelly  Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28  Breakfast 1'9', Milk 1/2 Banana General Mills Multi-Grain Cheerios  Lunch 1'9', Milk Los Cabos Sausage, Egg, & Cheese	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk @Tuna Salad	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk  Cooked Apple Slices (C)  Pillsbury Frozen Southern Style WW  Lunch  1% Milk  WW Tony's Smart Pizza Pepperoni
Fruit 1/4 c (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Meati/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milik 3/4 c Fruit/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa Serve as Tortiala Pie  Monday 4/19 Breakfast 1½ Banana General Milis Multi-Grain Cheerios Cereal  Lunch 1½ Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown Orange Wedges (C) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1½ Milk Strawberry slices WW Cream of Wheat  Lunch 1½ Milk	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup  Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1'% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 15% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 15% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 15% Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 15% Milk	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk Gruna Salad Tomato Wedges (A,C)	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 11% Milk Applesauce (C) Cup WW French Toast  Lunch 11% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 11% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW  Lunch 11% Milk
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meal Pattern Breakfast Milk 3/4 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meal/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)	Romaine Lettuce/Spinach mix Diced Peaches  Don Pancho WW Tortialilas Shell Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19  Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 1% Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1% Milk Strawberry slices WW Cream of Wheat  Lunch Lunch 1% Milk Tyson WG Chicken Patty (I)  Baked Curly Fries	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup  Lunch 1'% Milk CN Label Hormel Ham & Cheese CN Label Hormel Ham & Cheese Tomato Wedges (A, C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg.  Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1'% Milk Serve as Cheese Tosst Lunch American Cheese "Serve as Cheese Toast Lunch 1'% Milk High Liner WG Breaded Fish Fillet (I) Raw Broccoli (A, C)	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 1'% Milk Los Cabos Sausage, Egg, & Cheese Baked Hashbrown	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk @Tuna Salad Tomato Wedges (A,C) Romaine Lettuce/Spinach mix	Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW  Lunch Lunch  Friday 4/30  Crackers
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Bread/Alternate  Uther/Notes  Lunch Milk 3/4 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2oz  Vegetable 1/4 c (2oz)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortiallias Shell Shredded Sharp Cheese, Salsa 'Serve as Tortialla Pie  Monday 4/19  Breakfast 11/2 Banana General Millis Multi-Grain Cheerios Cereal  Lunch Lunch Monday 4/26  Breakfast 11/2 Milk Los Cabos Sausage, Egg, & Cheese Burritto  Baked Hashbrown  Orange Wedges (C ) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 11/8 Milk Strawberry slices WW Cream of Wheat  Lunch 11/8 Milk Tyson WG Chicken Patty (I)  Baked Curly Fries  Tomato Wedges (A,C)	Corn Cornbread Muffin  "Virtual all I Tuesday 4/20 Breakfast 1% Milk Diced Pears Fruit Cup WW Pillsbury Mini Pancakes Syrup  Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27 Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1% Milk High Liner WG Breaded Fish Fillet (I)	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions  Week 4/19-4/23* Wednesday 4/21 Breakfast 1'9', Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'9', Milk Crustable PB & Grape Jelly  Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28  Breakfast 1'9', Milk 1/2 Banana General Mills Multi-Grain Cheerios  Lunch 1'9', Milk Los Cabos Sausage, Egg, & Cheese	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  *Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk Gruna Salad Tomato Wedges (A,C)	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk  Cooked Apple Slices (C)  Pillsbury Frozen Southern Style WW  Lunch  1% Milk  WW Tony's Smart Pizza Pepperoni
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Breakfast Milk 3/4 c Meal Pattern Breakfast Other/Notes  Lunch Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Under 1/2 c Bread/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Uregies can replace fruits)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortialila Pie  Monday 4/19 Breakfast 1/8, Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal Lunch 1/8, Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown Orange Wedges (C ) (Burritto wrap) Ketchup  Monday 4/26  Breakfast 1/8, Milk Strawberry slices WW Cream of Wheat  Lunch 1/8, Milk Tyson WG Chicken Patty (I) Baked Curly Fries Tomato Wedges (A,C) Romaine Lettuce/Spinach mix	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1% Milk Dicod Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1% Milk High Liner WG Breaded Fish Fillet (I) Raw Broccoli (A,C) Tropical Fruit Cocktail	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 19's Milk Orange Wedges (C) WHisbury Bagel with Cream Cheese Lunch 19's Milk Crustable PB & Grape Jelly  Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28 Breakfast 19's Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 19's Milk Los Cabos Sausage, Egg, & Cheese Baked Hashbrown Orange Wedges (C)	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk @Tuna Salad  Lomato Wedges (A,C) Romaine Lettuce/Spinach mix Tropical Fruit	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk  Cooked Apple Slices (C)  Pillsbury Frozen Southern Style WW  Lunch  1% Milk  WW Tony's Smart Pizza Pepperoni  Green Beans  Diced Peaches (C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (IVegies can replace fruits) Breadi/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruitf 4 c (2oz)  Vegetable 1/4 c (2oz) Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortiala Pie  Monday 4/19  Breakfast 1'%, Milk 1/2 Banana General Milis Multi-Grain Cheerios Cereal  Lunch 1'%, Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1'%, Milk Strawberry slices WW Cream of Wheat  Lunch 1'%, Milk Tyson WG Chicken Patty (I) Baked Curly Fries  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Ultra WW Bun	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A, C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread  Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1'% Milk High Liner WG Breaded Fish Fillet (I) Raw Broccoli (A, C)  Tropical Fruit Cocktail  Sister Schubert's WW Roll	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 1'% Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 1'% Milk Los Cabos Sausage, Egg, & Cheese Baked Hashbrown Orange Wedges (C) (Burritto wrap)	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk @Tuna Salad Tomato Wedges (A,C) Romaine Lettuce/Spinach mix	Friday 4/23  Breakfast 1% Milk Applesauce (C) Cup WW French Toast  Lunch 1% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 1% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW  Lunch Lunch  Friday 4/30  Crackers
Fruit 1/4 c (2oz) (Vegies can replace fruits) Bread/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruit 1/4 c / 2 oz (2oz) (Vegies can replace fruits) Breakfast Milk 3/4 c Meal Pattern Breakfast Other/Notes  Lunch Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Other/Notes  Lunch Milk 3/4 c Fruit/Vegetable/Juice 1/2 c Bread/Alternate  Under 1/2 c Bread/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Uregies can replace fruits)	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Shell Shredded Sharp Cheese, Salsa 'Serve as Tortialia Pie  Monday 4/19 Breakfast 1% Milk 1/2 Banana General Mills Multi-Grain Cheerios Cereal  Lunch 11% Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C) (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1% Milk Strawberry slices WW Cream of Wheat  Lunch 1% Milk Tyson WG Chicken Patty (I) Baked Curly Fries  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Ultra WW Bun Ketchup, Mustard, Mayo	Corn Cornbread Muffin  Tuesday 4/20  Breakfast 1% Milk Dicod Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27  Breakfast 1% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1% Milk High Liner WG Breaded Fish Fillet (I) Raw Broccoli (A,C) Tropical Fruit Cocktail	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 19's Milk Orange Wedges (C) WHisbury Bagel with Cream Cheese Lunch 19's Milk Crustable PB & Grape Jelly  Raw Broccoli with Ranch Cup Strawberry Fruit cup Bread from Crustable Sandwich  Wednesday 4/28 Breakfast 19's Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 19's Milk Los Cabos Sausage, Egg, & Cheese Baked Hashbrown Orange Wedges (C)	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1'% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1'% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg.  Diced Peaches (C) Cup WW (Pizza crust)  Thursday 4/29  Breakfast 1'% Milk Blueberries WW Oatmeal  Lunch 1'% Milk @Tuna Salad  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Tropical Fruit  Healthy Life WW Bread	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast 11% Milk Applesauce (C) Cup WW French Toast  Lunch 11% Milk Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C) Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast 11% Milk Cooked Apple Slices (C) Pillsbury Frozen Southern Style WW  Lunch 11% Milk WW Tony's Smart Pizza Pepperoni Green Beans Diced Peaches (C)
Fruit 1/4 c (2oz) (Vegies can replace fruits) Breadi/Alternate  Other/Notes  Week 4 of 5 Meal Pattern Breakfast Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz) Fruit 1/4 c / 2 oz (2oz) (IVegies can replace fruits) Breadi/Alternate  Other/Notes  Week 5 of 5 Meal Pattern Breakfast Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate  Other/Notes  Lunch Milik 3/4 c Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz  Vegetable 1/4 c (2oz)  Fruitf 4 c (2oz)  Vegetable 1/4 c (2oz) Fruitf/Vegetable/Juice 1/2 c Breadi/Alternate Other/Notes  Lunch Milik 3/4 c Meat/Alternate 1 1/2 oz	Romaine Lettuce/Spinach mix Diced Peaches Don Pancho WW Tortialilas Sheil Shredded Sharp Cheese, Salsa 'Serve as Tortiala Pie  Monday 4/19  Breakfast 1'%, Milk 1/2 Banana General Milis Multi-Grain Cheerios Cereal  Lunch 1'%, Milk Los Cabos Sausage, Egg, & Cheese Burritto Baked Hashbrown  Orange Wedges (C )  (Burritto wrap)  Ketchup  Monday 4/26  Breakfast 1'%, Milk Strawberry slices WW Cream of Wheat  Lunch 1'%, Milk Tyson WG Chicken Patty (I) Baked Curly Fries  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Ultra WW Bun	Corn Cornbread Muffin  Tuesday 4/20 Breakfast 1'% Milk Diced Pears Fruit Cup WW Pilisbury Mini Pancakes Syrup Lunch 1'% Milk CN Label Hormel Ham & Cheese Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Baby Carrots with Ranch Pkg. Healthy Life WW Bread Mustard, Mayo "Serve as Sandwich  Tuesday 4/27 Breakfast 1'% Milk Orange Wedges (C) Healthy Life WW Toast American Cheese "Serve as Cheese Toast Lunch 1'% Milk High Liner WG Breaded Fish Fillet (I) Raw Broccoli (A,C) Tropical Fruit Cocktail Sister Schubert's WW Roll Ranch	Green Peas (A & C) Sister's Schubert's WW Roll Cooked Sweet Peppers & Onions Week 4/19-4/23* Wednesday 4/21 Breakfast 1'% Milk Orange Wedges (C) WW Pilsbury Bagel with Cream Cheese Lunch 1'% Milk Crustable PB & Grape Jelly Strawberry Fruit cup Bread from Crustable Sandwich Wednesday 4/28 Breakfast 1'% Milk 1/2 Banana General Mills Multi-Grain Cheerios Lunch 1'% Milk Los Cabos Sausage, Egg, & Cheese Baked Hashbrown Orange Wedges (C) (Burritto wrap)	Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich  Thursday 4/22  Breakfast 1% Milk Diced Peaches (C) Cup WW Blueberry Muffin  Lunch 1% Milk WW Tony's Smart Pizza Pepperoni and cheese CN Label Baby Carrots with Ranch Pkg. Diced Peaches (C) Cup  WW (Pizza crust)  Thursday 4/29  Breakfast 1% Milk Blueberries WW Oatmeal  Lunch 1% Milk @Tuna Salad  Tomato Wedges (A,C) Romaine Lettuce/Spinach mix Tropical Fruit Healthy Life WW Bread  "Serve as Sandwich	Diced Peaches (C )  WW (Pizza crust)  Friday 4/23  Breakfast  1% Milk  Applesauce (C) Cup  WW French Toast  Lunch  1% Milk  Super Snack Pack-Turkey & Cheese  Tomato Wedges (A,C)  Tropical Fruit Cup  Crackers  Friday 4/30  Breakfast  1% Milk  Cooked Apple Slices (C)  Pillsbury Frozen Southern Style WW  Lunch  1% Milk  WW Tony's Smart Pizza Pepperoni  Green Beans  Diced Peaches (C)