



UCHRA Van Buren County Head Start



Learning experiences can be fun for everyone. Children and parents can share the joy of learning and playing while they communicate and grow together. By working together with your child, you are helping to build his/her language and literacy, social and emotional, gross motor, fine motor, and cognitive skills. Remember, you are your child's first and most important teacher and your home is a primary learning place! Their learning will depend on the opportunities and support that you offer them at home and in their surroundings. So get out there and play together!



10/2 Parent Committee Meeting

10/3 Sewing Class 9:00 AM

10/4 Parent Field Trip

10/14-10/18 Fall Break No School

10/21 Parenting Classes Begin

10/21 Parent Committee Meeting@9am

10/24 SuperHero/Princess Family Reading Night

10/25 Head Start Trunk or Treat

10/25 St. Jude Trike-A-Thon

Perfect Attendance September

Katie
Macelynn
Kesslynn
Skyler
Brayden
Corbin
Harmon
Braxton



October
Birthdays
Anthony

Van Buren County Head Start! If you have not liked/followed us on Facebook please do so. Some of the benefits include photo galleries, special news and updates, plus the ability to connect and chat online with other people who share your interests.





Transition Talk

The greatest factor in learning to read and language development is early exposure to language. By reading to your child every day, you promote and build on your child's language and literacy skills. When you take time to read to your child, sitting them in your lap, holding them, allowing them to turn the pages, asking them questions about the story, you are instilling in them a love for reading. You are your child's first and most influential teacher, they are watching you and when you have a love for reading they see that and often portray that in their everyday life. How many times has your child repeated what you were saying when you had no idea they were even listening? They are always watching, listening and learning what is important to you and that will be important to them. At Head Start, we promote reading to your child through our "Reading Program". We have an onsite library which has books available for check out. Remember to enter your daily reading log time and send it back by the end of the month. You are preparing them for kindergarten when you help them listen for sounds of the letters making the words. Children need to hear the sounds of the letters to establish strong reading skills. Don't forget to review letter sounds using Zoo-phonics at <https://zoo-phonics.com> to strengthen early literacy skills. You are preparing them for their "transition" to kindergarten and establishing excellent "school readiness" skills. READ! READ! READ! Rita Mayfield, Assistant Mentor Coach/ Education Supervisor

Halloween Health and Safety Tips

- S** Swords, knives, and similar costume accessories should be short, soft, and flexible.
- A** Avoid trick-or-treating alone. Walk in groups or with a trusted adult.
- F** Fasten reflective tape to costumes and bags to help drivers see you.
- E** Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.

- H** Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.
- A** Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.
- L** Look both ways before crossing the street. Use established crosswalks wherever possible.
- L** Lower your risk for serious eye injury by not wearing decorative contact lenses.
- O** Only walk on sidewalks whenever possible or on the far edge of the road facing traffic to stay safe.
- W** Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- E** Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- E** Enter homes only if you're with a trusted adult. Only visit well-lit houses. Don't stop at dark houses. Never accept rides from strangers.
- N** Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

CS236181-A For more information about these tips, visit: www.cdc.gov/family/halloween Office of Women's Health • 770-488-8190 (phone) • owh@cdc.gov (e-mail) U. S. Department of Health and Human Services Centers for Disease Control and Prevention