



UCHRA Van Buren County Head Start Community Resource Guide 2024 - 2025

Disclaimer: This Community Resource Book is produced for the purpose of distribution to families enrolled in UCHRA Van Buren County Head Start. Community Agencies listed within were identified based on the potential needs of the population served by Head Start and are not intended to be inclusive of all entities that provide these services. UCHRA Van Buren County Head Start does not endorse any of the services/providers within, nor take responsibility for changes in any information represented after publication.

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Emergency Numbers and Hotlines

Dial 911 for Emergencies ONLY

**All Non-Emergency Dial Central Dispatch
946-400 or 946-4357**

**Van Buren County Sheriff's Office: 946-2118
Volunteer Fire Departments: 911**

Spencer	Rocky River	Piney	Cedar Grove	Fall Creek Falls
Avalon Women's Shelter (Crisis Line)				1-800-641-3434
Genesis House Shelter/Sexual Assault Hotline/Spousal Abuse Hotline				1-800-707-5197
Child Abuse Hotline				1-877-237-0004
Child Support Hotline				1-800-838-6911
Cookeville Regional Medical Center				1-931-528-2541
Cumberland Medical Center				1-931-484-9511
Erlanger Bledsoe				1-423-447-2112
Families Assistance Helpline			(866) 311-4287 or (615) 743-2000	
Legal Aid				1-800-262-6817
Mental Health Crisis Line				1-855-CRISIS-1
Poison Control				1-800-222-1222
River Park Hospital				1-931-815-4000
Social Security Administration				1-800-772-1213
BlueCross BlueShield of Tennessee				1-800-565-9140
Van Buren County Ambulance Services				1-931- 946-8181
Van Buren County Fire & Rescue Squad				1-931-946-2332
White County Hospital				1-931-738-9211

TELEPHONE PREFIXES

Altamont-----	692
Coalmont-----	592
College Station-----	554
Crossville-----	456, 484, 707, 459
Dayton-----	775
Fall Creek Falls-----	881
Graysville-----	775
Jasper-----	942
McMinnville-----	473
Nine Mile-----	533
Palmer-----	779
Pikeville-----	447
Signal Mountain-----	886
Sparta-----	836, 761, 738
Spencer-----	946
Spring City-----	365
Whitwell-----	658

VAN BUREN COUNTY ADMINISTRATIVE BUILDING

County Executive	946-2314
Trustee Office	946-2263
Register of Deeds	946-7363
County Court Clerk	946-2121
Tax Assessor	946-2451
Election Commission	946-2728
Chamber of Commerce	946-7033
Circuit Court Clerk	946-2153
Clerk and Master	946-7175

COUNTY OFFICES

Agricultural Extension Office	946-2435
Highway Department & Garage	946-2161, 946-2279, Fax - 946-7424
Soil Conservation	946-2614
Department of Human Services	946-2437
Public Health Department	946-2438
Superintendent of Schools	946-2242
Van Buren County Senior Citizen's Center	946-7434
Van Buren Senior Companion Program	946-2607

EDUCATION

UCHRA Van Buren County Head Start

24038 St. Rt. 30

Spencer, TN 38583

Director: Elise Blaylock

Telephone: (423) 881-5182 Fax: (423)-658-3192

Services: Head Start is a comprehensive preschool program that provides educational experiences for our children and educational opportunities for our parents/guardians. Health, dental, and nutritional services are a part of our program along with Social Services referrals and Family Advocacy when needed.

Eligible Persons: Children must be between the ages of 3 and 5 to enroll. (Must be 3 by August 15 of the program year.)

Fee: None. Eligibility is based on income guidelines.

School Hours: Monday through Friday, 7:30 a.m. – 2:30 p.m.

Office Hours: 7:00 am. – 3:30 pm., Monday through Friday

www.ucvbheadstart.org

Early Bird Preschool

Spencer, TN

Telephone: (931) 946-7378

Services: Preschool Program

Eligible Persons: Children must be between the ages of four and five.

Fee: None

Van Buren County School Board

P.O. Box 98

Spencer, TN 38585

Telephone: (931) 946-2242

Director: Jared Copeland

vanburenschools.org

Spencer Elementary School – Grades K-5

Spencer, TN 38585

Telephone: (931) 947-2171 or 946-2061 **Fax:** (931) 946-7113

Principal: Amanda Binkley

Van Buren County High School 6-12

Spencer, TN 38585

Telephone: (931) 946-2442

Principal: Katina Simmons

Adult Education Office

60 Ridley St # 108

Crossville, TN 38555

Telephone: (931) -484-5446 Option #4

Services: High School Equivalency

Eligible Persons: Adults needing Services

Fee: None

Tennessee College of Applied Technology

241 Vo-Tech Drive

McMinnville, TN 37110

Telephone: (931) 474-8324

Contact: Admissions Office (Jamie Robins)

Services: Job training, basic skills training, High School Equivalency, and Vocational Technology Training

Eligible Persons: All

Fee: Varies

Fortis Institute

1025 Highway 111

Cookeville, TN 38501

Telephone: (931) 526-3660

Contact: Admissions

Services: Lab Technicians, Computer Technology, Medical Secretaries, etc.

Eligible Persons: All

Fee: Varies, Grants available

Motlow State Community College

225 Cadillac Lane

McMinnville, TN 37110

Telephone: (931) 668-7010 or (800) 654-4877

Contact: Admissions

Services: Higher Education, 2-year program

Fee: Varies - Grants and Student Loans available

Tennessee Technological University

1 William Jones Drive

Campus P.O. Box 5006

Cookeville, TN 38505

Telephone: (800) 255-8881

Contact: Admissions

Services: Higher Education, 4-year program, Grants, and Student Loans available

Cookeville Higher Education Campus

1000 Neal Street

Cookeville, TN 38501

Telephone: (931) 520-0551

Services: Higher Education, 2-year program, Grants, and Student Services.

Upper Cumberland Reconnect Community

We serve adults, just like you, who are finally ready to earn a postsecondary degree or credential. We don't just help adults who want to earn a 4-year degree from a college or university. We also help adults finish Associate degrees and offer guidance to return to career colleges, technical schools, and certification programs. If you have been out of high school for a couple of years, or have completed some college and have taken some time off, contact us.

Contact: Cindy Taylor

Phone: 931-526-2211

Burritt Memorial Library

Spencer, TN 38585

Telephone: (931) 946-2575

Librarian: Donna Beck

Services: Lends books, periodicals, newspapers, videos, and provides access to computers, fax, and Internet.

Eligible Persons: Van Buren County Residents

Fee: Nominal to None

Genesis Career College

Address: 880-A E 10th St, Cookeville, TN 38501

Hours: Monday-Friday 8AM–5PM

Phone: (931) 526-8735

Career Solutions

Address: 575 South Jefferson

Cookeville, TN 38501

Phone: (931) 520-8789

(Assists adults with disabilities to further their education)

SPECIAL EDUCATION ADVOCACY

Disability Rights/ Tennessee

2670 Union Extended, Suite 900

Memphis, TN 38112

Telephone: (800) 342-1660 – Nashville (800) 287-9636

Contact: Intake and Referral

Hours: 8:00 a.m. – 4:30 p.m., Monday-Friday

Services: Persons with Disabilities

Tennessee Rehabilitation Services/Vocational Rehabilitation Services

Address: 955 East 20th Street

Cookeville, TN 38501

Telephone: (931) 526-9783

Contact: Reception

Services: Information and services for the physically impaired

Eligible Persons: Adults

Library for the Blind and Physically Handicapped:

Family Services: The Blind, Visually Impaired, the Deaf or Hard of Hearing

Telephone: (800)342-3308

Advocacy & Resources Corporation

Address: PO Box 3368

Cookeville, TN 38506

Phone: 931-432-6997, 931-432-5981, 1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

COUNSELING ~ SPECIAL NEEDS SERVICES ~ SUPPORT GROUPS

Lifecare Family Services

Address: 665 South Jefferson Avenue

Cookeville, TN 38501

Phone: (931) 528-0051, 1-800-881-0359

Fax: (931) 528-0021

Services: Faith-based community non-profit mental health facility that offers community mental health and counseling services, including marriage and family therapy: child, youth, and adult psychiatric care & nursing; child & adolescent

counseling: intensive and therapeutic case management and family preservation.

Heart of the Cumberland

Address: 377 Short St. Suite A • Cookeville, TN 38501

Phone: 931-525-2600

Services: Specially for children and teens that are hurting because of losses suffered through death, divorce or family circumstances.

www.heartofthecumberland.org

Kindred Hospice

Address: 750 E Spring St Ste B1, Cookeville, TN 38501

Phone: 931-528-5133, 1-800-468-4123

Services: Hospice, Nursing, Social Services, Spiritual Services, Veterans Program, Volunteer Services, Memory Care, Cardiopulmonary Program

Genesis House

P.O. Box 1180

Cookeville, TN. 38503

Telephone: 24 Hour Crisis Line: (800) 707- 5197 or (931) 526-5197

Contact: Reception

Services: Counseling, education, and information on shelter for victims of domestic violence. Also, offers transitional housing for victims and a sexual assault response center with confidential services.

Avalon Women's Center

196 10th Street

Crossville, TN 38555

Telephone: (Crisis Line) (800) 641-3434 (Business Office) (931) 456-0747

Contact: Intake and Referral

Services: Counseling, education and information on shelters for victims of domestic violence

Eligible Persons: All

Fee: None

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, Tennessee 38506

Telephone: (931) 432-4111

Services: Issues regarding aging, disability, housing, families rearing relative children.

Cheer Mental Health Center

120 Omni Drive

McMinnville, TN 37110

Telephone: (931) 473-9649 **Crisis Line: Adults**(800) 704-2651 **Children** (866)-791-9222

Contact: Varies for Service

Services: Mental health information and psychiatric counseling

Eligible Persons: All

Fees: Varies

Hours: 8:00 a.m. – 6:00 p.m., Monday-Thursday 8:00 a.m.-5:00 pm., Friday

Plateau Mental Health Center

1200 South Willow Avenue

Cookeville, TN 38501

Telephone: (931) 432-4123

Crisis Line: (800) 704-2651

Intake: (877) 567-6051

Contact: Reception

Services: Mental health information and/or counseling

Eligible Persons: Head Start children, parents/guardians, staff, family members, and all members of the Upper Cumberland community

Fee: Varies

Pacesetters, Inc.

2511 Highway 111 North

Algood, TN 38506

Telephone: (931) 537-9100

Services: Family support, day care, and equipment

Eligible Persons: Any person cognitively or physically disabled

Fee: None

Hours: 8:00 a.m. – 4:00 p.m., Monday through Friday

Youth Villages Foster Care

3310 Perimeter Hill Drive

Nashville, TN 37211

Telephone: (866) 685-8430

Cookeville: (931) 525-6900

Contact: Reception

Service: Foster Care

Audiology & Hearing Center of Cookeville

728 S Jefferson

Cookeville, TN 38501

Telephone: (931) 854-9499

Services: Screenings and referrals for services

Eligible Persons: All

Contact: Reception

Fee: Varies, most all insurance accepted including TennCare

McMinnville Hearing Center

325 NE Baker Creek Rd

McMinnville, TN 37110

Telephone: (503) 379-2996

Eligible Persons: Ages 6 months or older with hearing impairment

Contact: Reception

Fee: Varies, most insurance and TennCare accepted

Hours: 8:00 a.m. – 5:00 p.m., Monday, Tuesday, and Thursday

Upper Cumberland Regional Health Office

CSS (Children's Special Services) Physical Impairment

Services: Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.

TEIS (Tennessee Early Intervention System) Developmentally Delayed

1100 England Dr.

Cookeville, TN 38501

Telephone: (931) 528-7531

Contact: Reception

Eligible Persons: TEIA, 0-3 years CSS, 0-21 years

Fee: Based on Income

Hours: 8:00 a.m. – 4:30 p.m., Monday-Friday

Tennessee Voices for Children

1315 8th Avenue South

Nashville, TN 37203

Telephone: (615) 269-7751 or (800) 670-9882

Contact: Reception

Services: Advocacy for Children with SED (Serious Emotional Disturbance, respite care)

Eligible Persons: Children of Tennessee

Hours: 8 am – 5 pm Monday – Friday **Fees:** Varies

EMPLOYMENT

Felony Friendly Websites (Companies that hire felons)

www.xamire.com - (TN Area) Find jobs, housing, federal programs, and other assistance.

www.thenextstep99.com Bring together recently released federal & state felons (candidates) looking for work, the agencies & facilities that manage their post-release experience.

www.exoffenders.net/employment , www.felonyfriendly.org

JOBS4TN.GOV

www.jobs4tn.gov

Tools for job seekers

JOB4TN is a new kind of search engine that generates thousands of jobs listed by major Tennessee employers. It's the premier site for finding work and location useful labor market information. Fast access to Tennessee jobs! More than 90,000 local jobs, search for jobs by keywords, employer, education, skills, salary, location, and most recently posted. Ability to apply online. Receive daily notifications of jobs matching your qualifications. Create a resume. Search for information on training, demand occupations, and salaries.

American Job Center at Cookeville

Address: 1000 England Dr. Cookeville, TN 38501

Hours: Monday-Friday 8 AM-4:30 PM

Phone: (931) 520-6020

Services: Assess skills and develop a career plan, Match skills with current job openings, Improve resume writing, interviewing, and other skills, Acquire skills through targeted workshops and training, Access occupational training programs, Get access to the internet, telephones, fax, and career information.

Adult Education

Local Veterans' Employment Representative

Trade/TAA/TRA

Snap E&T

Title V: SCSEP/SSAI

DP Personnel

257 S. Willow Ave. Suite 2

Cookeville, Tn. 38501

Telephone: (931) 372-8882

Services: Job search, compiling resumes

Eligible Persons: All

Malone Solutions**1105A Walnut Avenue****Cookeville, Tn. 38501****Telephone:** (931)372-0970 (877)705-2389**Website:** www.malonesolutions.com**Services:** Job search, compiling resumes**Eligible Persons:** All

FAMILY SERVICES

Bread of Life Homeless Shelter and Clinic**Address:** 281 Fourth Street

Crossville, TN 38555

Phone: 931-707-0503

Services: Emergency shelter for displaced families and individuals. Housing for homeless families, veterans, and personal and natural disaster victims. Emergency food assistance to anyone; free medical care for the uninsured. Free clothing to those in need; free household items for those starting over. Emergency help with rent and utility bills. Substance abuse placement and advocacy with the local court system and Biblical counseling. Special help through the holidays to needy families. Spiritual help, Christian services.

Department of Human Services, Van Buren County**145 Spring Street, Spencer, TN 38585****Telephone:** (931) 946-2437**Contact:** Intake**Services:** Families First, food stamps, job training referral**Eligible Persons:** Varies

Tennessee Child Support Division, Van Buren County**P.O. Box 183, McMinnville, TN 37110****(125 East Main St.)****Telephone:** (931) 473-6561**Contact:** Reception**Services:** Assistance with Court Orders and Child Support**Spencer Branch:** 1st and 3rd Thursday of each month

Dept. Human Services**145 Spring St.****Spencer, Tn. 38585****Telephone:** (931) 946-2437

Social Security Administration**931 Old Smithville Highway****McMinnville, TN 37110****Telephone:** (800) 772-1213**Services:** SSI, SS disability applications, and applications for SS numbers

Child Support**1525 G East Spring Street****Cookeville, TN 38506****Telephone:** (931) 528-8598

Contact: Any staff member

Services: Information regarding child support services and enforcement

Van Buren County Senior Companion Program

P.O. Box 3

Spencer, TN 38585

Telephone: (931) 946-2607

Contact: Reception

Service: Senior Companion Program

Eligible Persons: Senior Citizens

Upper Cumberland Relative Caregiver Program Cookeville

Address: 1225 South Willow Avenue

Cookeville, TN 38506

Hours: Monday - Friday 8 am - 4:30 pm

Phone: 931-432-4111 or 877-275-8233

www.ucdd.org

Services: Families in the Upper Cumberland region who are raising relative children who are not in state custody. Children and relative caregivers can receive support services such as Family Advocacy/Case Management, Support Groups, Emergency one-time Financial/Start-Up Assistance Educational Workshops, Respite & Enrichment Activities, Material Assistance, and Information and Referrals and are funded by the Department of Children's Services.

MEDICAL ~ HEALTH ~ NUTRITION

Food Stamp Hotline

Nashville, Tennessee

Telephone: (866) 311-4287

Services: Information regarding food stamp services

Eligible Persons: Income-eligible

Upper Cumberland Human Resource Agency

Spencer, TN 38585

Sparta Office toll free from Spencer: (931) 946-7151

Services: Community Services: Homemaker aide and Elderly Chore Services, Low-Income Home, Energy Assistance Program (LIHEAP), Weatherization Assistance Program (WAP), Emergency Services Program, Information and Referral Services, Child and Adult Care Food Program (CACFP), Choices (TennCare) Home Modifications, Housing Opportunity for Persons with Aids (HOPWA), Ryan White Community Aids Partnership

Transportation: Upper Cumberland Area Rural Transit System (UCARTS), Rural Commuter (Vanpool), New Freedoms, Shuttle on Schedule (SOS), Job Access

Temporary Emergency Food Assistance, VB Head Start

Nutrition: Congregate Meals, Home Delivered Meals (Title III, Options, Family Caregiver, Choices, CSBG, STAR Program (Self-Sufficiency Training and Results)

Residential Services: Chance- group home for girls, Indian Mound- group home for boys,

Cumberland Mountain School- group home for boys

Community Intervention: Community Intervention for Juvenile Offenders, Adult Community Corrections, DUI School, Drivers Education

Court Appointed Special Advocates

Fee: Income Eligible

American Cancer Society
2000 Charlotte Avenue
Nashville, TN 37203
Telephone: (615) 327-0991 (800) ACS-2345
Contact: Reception
Eligible Persons: All

American Cancer Society, Cookeville office
753A Humble Dr.
Chattanooga, Tn. 38501
Telephone: 800-227-2345
Telephone: (423)- 855-2778
Contact: Reception
Services: Cancer Support Group, Wigroom, Hope lodging (for patients to utilize while receiving treatment, On call nurse, Financial Assistance

Erlanger, Bledsoe Community Medical Center
71 Wheelertown Avenue
Pikeville, TN 37367
Telephone: (423) 447-2112
Contact: Reception
Services: Emergency and non-emergency medical services
Fee: All TennCare accepted

River Park Hospital
1559 Sparta Street
McMinnville, TN 37110
Telephone: (931) 815-4000
Services: Emergency and non-emergency medical services
Fee: Varies

Autism Society of Middle Tennessee
Resources for Autism
955 Woodland St.
Nashville, TN. 37206
Telephone: (615) 385-2077 Fax: (615)3831176

Vanderbilt Autism Resource Line
Vanderbilt Hospital, Nashville, Tennessee
Telephone: (877)273-8862

Autism and Behavior Services Chattanooga, Tn.
1000 East 3rd St. Medical Towers Suite 100
Chattanooga, Tn. 37403
Telephone: (423) 664-0903 Fax: (423) 602-9710

Cumberland Family Care, Van Buren Clinic
476 Spring St.
Spencer, TN 38585
Telephone: (931) 946-2113 **Fax:** (931) 946-2248
Contact: Office personnel

Service: Family and general practice

VBC Health Department: Health Services, Family Planning, Uninsured Clinic

907 Old McMinnville Hwy.

Spencer, TN 38585

Telephone: (931) 946-2438

Contact: Mindy Copeland, Public Health Nurse

Services: Immunization; well-child examinations; infant follow-ups; TENNderCARE, Tennessee's (EPSDT (early and periodic screening, diagnosis, and treatment) Program; pediatric evaluations; hearing tests, and school health, clinic for uninsured. Other services include family planning; communicable diseases; vaccines; colorectal cancer screenings; blood pressure; WIC Supplemental Food Program; and health education.

Eligible Persons: All

Fee: Based on Income

Hours: 8:00 a.m.–4:30 p.m., Monday-Friday. **Late WIC every third Tuesday, 4:30-6:00 p.m.**

Children's Special Services (CSS)

Van Buren County Health Department

Dental Services: Contact White County Health Department - 931-836-2201

White County Community Hospital

401 Sewell Road

Sparta, TN 38583

Telephone: (931) 738-9211

Services: Emergency and non-emergency medical services

Fee: Varies, TennCare accepted

Van Buren Development and Service Board

Senior Companion Program

P.O. Box 3

Spencer, TN 38585

Contact: Reception

Services: Senior Companion Program

Eligible Persons: Senior Citizen

Department of Veterans Affairs

Alvin C. York Medical Center

3400 Lebanon Pike

Murfreesboro, TN 37129

Telephone: (615) 867-6000 or (800) 876-7093

FULL FAMILY HEALTH PROVIDER INCLUDING SPECIALTY CLINICS: Women's Clinic, Mental Health Services, Family Counseling, Patient and Family Education, Preventative Health Services

TESTING AND SURGICAL CLINICS: Dental Services, Vision Care

Tennessee Poison Control Center

501 Oxford House, 1161 21st Avenue South

Nashville, TN 37232

Information and Referral, Toxicology

Telephone: (800) 222-1222 (Emergency hotline), (615) 936-0760

Hours: 24 hours, 7 days per week

Generations Center of Spencer, Nursing Home

P.O. Box 135

Spencer, TN 38585
Telephone: (931) 946-7768
Contact: Reception
Service: 70-bed unit, provides physical therapy, occupational therapy

MANAGED CARE ORGANIZATION

Blue Cross/Blue Shield: (800) 924-7141
Online: www.bcbst.com

BEHAVIORAL HEALTH ORGANIZATION

Volunteer Behavioral Health
1200 South Willow Street
Cookeville, TN 38506
Phone: (931) 432-4123
Fax: (931) 432-5838

HOUSING

Greenbriar Apartments
P.O. Box 805, Drake/Shockley Street
Spencer, TN 38585
Telephone: (931) 946-7285
Contact: Reception
Services: Rent based on income
Hours: Mon 9:00 am - 2:30 pm Wed. 9:00 am - 3:30 pm Friday 9:00 am 2:30 pm
Mon., Wed. and Fri. (423) 263-7527
Maintenance: 931-316-3001

Highland Village Apartments
423 Drake/Shockley St.
Spencer, TN 38585
Contact: Reception
Service: Apartment rental, 20 - 1 bedroom apartments
Eligible Persons: Elderly and disabled only
Fee: Rent based on income and number in family
Hours: 8:30am – 5:30pm Wed., Thurs.

Sparta Housing Authority
P.O. Box 419
300 Craig Rock Dr.
Sparta, TN 38583
Telephone: (931) 836-3357
Contact: Reception
Services: Leases, 1-5 bedroom duplexes, central heat and air, and lawn. Electric and gas are included in the rent. Occupant is responsible for other utilities, i.e., cable, telephone, water, and sewer.
Eligible Persons: All
Fee: Rent based on income guidelines

Tennessee Housing Development Agency
1525 East Spring Street, P.O. Box 639
Cookeville, TN 38503
Telephone: (931) 520-0608
Services: Low-income housing, Section 8 rental assistance, HUD housing
Hours: 7 am – 4 pm Mon. - Fri.

United States Department of Agriculture
Address: Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
Phone: 931-528-6539
Services: Provides affordable home loans. Assist low-income homeowners' fiancées who need home repairs.

FOOD SOURCES

Red Cross Office
Disaster relief and servicemen & families
1 S Jefferson Ave # 201, Cookeville, TN 38501

Food Stamps
Department of Human Services
145 Spring Street
Spencer, TN. 38585
Telephone: (931) 946-2437

UCHRA Office Van Buren County Commodities
500 College Street
Spencer, TN 38585
Phone: (931) 946-7151
Fax: (931) 946-2876
Coordinator: Sheila Robinson
srobinson@uchra.com

Van Buren County Food Outreach
Address: 322 Sparta St, Spencer, TN 38585
Hours: Thursday 9AM-11AM

CLOTHING

Van Buren County Head Start
24038 State Route 30
Spencer, TN 38585
Telephone: (423) 881-5182

Van Buren County Family Resource Center
66 Sparta Street
Spencer, TN 38585
Contact: Jill Bouldin or Denise Whittenberg at (931) 946-2242
The FRC is for Van Buren County students and their families to have access to showers, laundry, clothes/shoes, personal hygiene supplies, and food.

LEGAL AID

Rural Legal Services of Tennessee

Legal Aid Society of Middle TN

9 South Jefferson, Suite 102

Cookeville, TN 38501

Telephone: (931) 528-7436 Toll Free (800) 262-6817

Services: Referrals, information, advice, and services

Eligible Persons: Income-eligible

Fee: Varies

Tennessee Child Support Services

Van Buren County

P.O. Box 183

McMinnville, TN 37110

Telephone: (931) 473-6561

Disability Law and Advocacy Center

P.O. Box 121257

Nashville, TN 37212

Telephone: (615) 298-1080 or (800) 342-1660

Services: Information and referral, telephone consultation, advocacy, and legal services

Children's Advocacy Center for the 31st Judicial District

Address: P.O. Box 7287

1350 Sparta Street

McMinnville, TN 37111

Phone: 931-507-2386

Fax: 931-507-2387

Services: Assist with child abuse/domestic violence and other legal issues.

TRANSPORTATION

Upper Cumberland Human Resource Agency

Rural Public Transportation

580 S. Jefferson Ste. B

Cookeville, TN 38501

Telephone: (931) 528-1127

Contact: Reception

Services: Transportation

Eligible Persons: All

Fee: Varies

BlueCare Transportation

Nashville, TN

BlueCare East 1-866-473-7563

BlueCare Middle 1-866-570-9445

BlueCare West 1-866-473-7564

TennCare Select Statewide 1-866-473-7565

Services: Transportation for TennCare recipients to medical services

Eligible Persons: Anyone with BlueCare insurance

Upper Cumberland Human Resource Agency

Spencer, Tennessee 38585

Telephone: (931) 946-7151

Services: Transportation to work, doctors, hospital, or other

Eligible Persons: All

Fee: Varies

Hours: 8:00 a.m. – 4:30 p.m.

Upper Cumberland Human Resource Agency Vet Rides

580 S. Jefferson Ste. B

Cookeville, TN 38501

Telephone: (844) 993-7499

Services: Offer individualized transportation assistance to veterans

Eligible Persons: Veterans

Fee: Varies

Hours: 8:00 a.m. – 4:30 p.m.

Upper Cumberland Human Resource Agency Travel Training Program

580 S. Jefferson Ste. B

Cookeville, TN 38501

Telephone: (931) 528-1127

Contact: Reception

Services: Assist those who are unsure of riding the local Public Transit System. Training provides the opportunity to learn about public transportation, how it works, and how it can work for you.

Eligible Persons: All

Fee: None

SUBSTANCE ABUSE ASSISTANCE

Cumberland County Drug Alliance

261 Yvonne Avenue Box 926

Crossville, TN 38557

Telephone: (931) 456-2859 **Fax:** (931) 707-8921 **Web Site:** www.tadcenter.com

Services: Drug prevention, intervention, and counseling

Contact: Reception

Hours: 8:00 a.m. – 5:00 p.m., Monday-Friday

Narcotics Anonymous

Telephone: 1-888-476-2482

Services: Provides information on locations and times of NA meetings

Eligible Persons: Anyone seeking recovery

Fee: None

Van Buren County Health Department

907 Old McMinnville Hwy.

Spencer, Tn. 38585

Telephone: (931) 946-2438

Services: Referral and information for drug treatment

Eligible Persons: All

TDH, Bureau of Alcohol and Drug Abuse Services
William R. Snodgrass Tennessee Tower
26th Floor, 312 8th Avenue North
Nashville, TN 37247-4401
Telephone: (615) 741-1921 **Fax:** (615) 532-2419
Referral Line Treatment Services: (800) 889-9789
Web Site: www.findtreatment.samhsa.gov or www.crystalmeth.org

Alcoholics Anonymous
1-800-559-2252
Meeting At: Mary Turner-Scott Building
180 Janice Dr. Sparta TN. 38583
Fees: Varies

Tennessee Department of Mental Health & Substance Abuse Services
Services: Counseling, treatment, and support
Web Site: <https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery.html>
Address: Department of Mental Health and Substance Abuse Services
Marie Williams, Commissioner
500 Deaderick Street
Nashville, TN 37243
OCA.TDMHSAS@tn.gov

HIV TESTING AND SUPPORT

Tennessee Department of Health
STD/HIV Program
Cordell Hull
425 5th Avenue North
Nashville, TN 37247
Telephone: (800) 525-AIDS or (800) 525-2437
Contact: Intake Receptionist for referral
Services: Testing, counseling, treatment, and support
Eligible Persons: All
Fee: Based on income, services at each County Health Department

UCHRA (Upper Cumberland Regional Health Office)
200 West 10th Street
Cookeville, TN 38501
Telephone: (931) 528-7531
Contact: Reception
Services: Services for persons who tested HIV positive
Fee: Based on income
Hours: 8:00 a.m. – 4:30 p.m., Thursday

UCHRA Housing Opportunities for Persons with AIDS (HOPWA)
580 S. Jefferson Ave., Suite B. Cookeville, TN 38501
Services: HOPWA enables eligible persons with HIV/AIDS and their families to secure decent safe and sanitary housing
Telephone: 931-528-1127 ext. 639
Contact: UCHRA

STATE RESOURCES

AMERICAN DIABETES ASSOCIATION (TENNESSEE AFFILIATE)

900 East Hill Avenue, Suite 240, Knoxville, TN 37915

Telephone: (865) 524-7868 or (800) 342-2383 (800-DIABETES)

AMERICAN HEART ASSOCIATION and STROKE ASSOCIATION (TENNESSEE AFFILIATE)

1818 Patterson Street, Nashville, TN 37203, Telephone: (615) 340-4100

EPILEPSY FOUNDATION

2002 Richard Jones Road, Suite C-202, Nashville, TN 37215

Telephone: (615) 269-7091 or (800) 244-0768

NATIONAL KIDNEY FOUNDATION OF MIDDLE TENNESSEE

2120 Crestmore Rd., Nashville, TN 37215, Telephone: (615) 383-3887 or (800) 380-3887

LIBRARY SERVICES FOR THE DEAF AND HARD OF HEARING

615 Church Street, Nashville, TN 12314, Telephone: (615) 862-5750 or (800) 342-3262

STEP (SUPPORT AND TRAINING FOR EXCEPTIONAL PARENTS)

480 Craig Heat St., Nashville, TN 37204, Telephone: (615) 463-2310 or (800) 280-STEP

AMERICAN LUNG ASSOCIATION

3335 Ringold Road, Suite 105, Chattanooga, TN 37412,

Telephone: (800) 586-4872

Homeless Assistance

Bread of Life Mission

281 Fourth Street

Crossville, 38555

Telephone: 931-707-0503

Hours: Monday-Friday 9 am-4 pm

Cookeville Rescue Mission

1331 S. Jefferson Ave.

Cookeville, TN 38506

Telephone: 931-528-5819

NATIONAL RESOURCES

- ❖ **American Association on Intellectual and Developmental Disabilities (AAIDD)**
501 3rd Street, NW, Suite 200
Washington, D.C. 20001
Telephone: 202-387-1968
Fax: 202-387-2193
- ❖ **AMERICAN SOCIETY FOR DEAF CHILDREN**
Telephone: (800) 942-2732
- ❖ **NATIONAL EASTER SEALS SOCIETY**
Telephone: (800) 221-6827
- ❖ **NATIONAL ORGANIZATION FOR RARE DISORDERS**
Telephone: (800) 999-6673
- ❖ **AUTISM SOCIETY OF AMERICA**
Telephone: (800) 328-8476
- ❖ **MARCH OF DIMES BIRTH DEFECTS FOUNDATION**
Telephone: (914) 997-4488
In Tennessee (615) 399-3200
- ❖ **CANDLELIGHTERS CHILDHOOD CANCER FOUNDATION**
Telephone: (713) 270-4700 Fax: (713) 270-9802
- ❖ **CYSTIC FIBROSIS FOUNDATION**
Telephone: (800) 344-4823
- ❖ **NATIONAL DOWN SYNDROME SOCIETY**
Telephone: (800) 221-4602
- ❖ **EPILEPSY FOUNDATION OF AMERICA (EFA)**
Telephone: (800) 332-1000
- ❖ **ASSOCIATION FOR RETARDED CITIZENS**
Telephone: (800) 433-5255
- ❖ **MDA (MUSCULAR DYSTROPHY ASSOCIATION)**
Telephone: (423) 855-0645 or (800) 572-1717
- ❖ **SPINA BIFIDA ASSOCIATION OF AMERICA**
Telephone: (800) 621-3141
- ❖ **NATIONAL SUDDEN INFANT DEATH SYNDROME ALLIANCE (SIDS)**
1314 Bedford Avenue, Suite 210, Baltimore, Maryland 21208
Telephone: (800) 221-7437

STATE OFFICIALS

- ❖ **Governor:** Bill Lee
State Capitol, First Floor
Nashville, TN 37243
Telephone: (615) 741-2001

- ❖ **Senator:** Marsha Blackburn
Dirkson Senate Building SD-185
Washington, DC 20510
Telephone: (202) 224-3344
Fax: (202) 228-0566

- ❖ **Senator:** Paul Bailey District 15
425 Rep. John Lewis Way N.
Suite 736 Cordell Hull Bldg.
Nashville, TN 37243
Phone: (615) 741-3978
Fax: (615) 253-0381

- ❖ **Representative:** Ron Travis District 31
425 Rep. John Lewis Way N.
Suite 534 Cordell Hull Bldg.
Nashville, TN 37243
Phone: (615) 741-1450
Fax: (615) 253-0262

- ❖ **Congressman:** John Rose District 6
321 East Spring Street
Suite 306
Cookeville, TN 38501
Phone: (931) 854-9430
Fax: (615) 206-8980