



UCHRA Van Buren County Head Start Community Resource Guide 2025 - 2026

Disclaimer: This Community Resource Book is produced for the purpose of distribution to families enrolled in UCHRA Van Buren County Head Start. Community Agencies listed within were identified based on potential needs of the population served by Head Start and are not intended to be inclusive of all entities that provide these services. UCHRA Van Buren County Head Start does not endorse any of the services/providers within, nor take responsibility for changes in any information represented after publication.

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Emergency Numbers and Hotlines

Dial 911 for Emergencies ONLY

All Non-Emergency Dial Central Dispatch
946-400 or 946-4357

Van Buren County Sheriff's Office: 946-2118
Volunteer Fire Departments: 911

Spencer	Rocky River	Piney	Cedar Grove	Fall Creek Falls
Avalon Women's Shelter (Crisis Line)				1-800-641-3434
Genesis House Shelter/Sexual Assault Hotline/Spousal Abuse Hotline				1-800-707-5197
Child Abuse Hotline				1-877-237-0004
Child Support Hotline				1-800-838-6911
Cookeville Regional Medical Center				1-931-528-2541
Cumberland Medical Center				1-931-484-9511
Erlanger Bledsoe				1-423-447-2112
Families Assistance Helpline			(866) 311-4287 or (615) 743-2000	
Legal Aid				1-800-262-6817
Mental Health Crisis Line				1-855-CRISIS-1
Poison Control				1-800-222-1222
River Park Hospital				1-931-815-4000
Social Security Administration				1-800-772-1213
BlueCross BlueShield of Tennessee				1-800-565-9140
Van Buren County Ambulance Services				1-931- 946-8181
Van Buren County Fire & Rescue Squad				1-931-946-2332
White County Hospital				1-931-738-9211

TELEPHONE PREFIXES

Altamont

.....

.....692

Coalmont.....
.....592

College Station
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.....554

Crossville
.....
...456, 484, 707, 459

Dayton
.....
.....775

Fall Creek
Falls.....
.....881

Graysville
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..... 775

Jasper
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..... 942

McMinnville
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..... 473

Nine Mile
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..... 533

Palmer.....

..... 779

Pikeville

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Signal Mountain

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..... 886

Sparta

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.....836,761,738

Spencer

.....

.....946

Spring City

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..... 365

Whitwell

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..... 658

VAN BUREN COUNTY ADMINISTRATIVE BUILDING

County Executive	946-2314
Trustee Office	946-2263
Register of Deeds	946-7363
County Court Clerk	946-2121
Tax Assessor	946-2451
Election Commission	946-2728
Chamber of Commerce	946-7033
Circuit Court Clerk	946-2153
Clerk and Master	946-7175

COUNTY OFFICES

Agricultural Extension Office	946-2435
Highway Department & Garage	946-2161, 946-2279, Fax - 946-7424
Soil Conservation	946-2614
Department of Human Services	946-2437
Public Health Department	946-2438
Superintendent of Schools	946-2242
Van Buren County Senior Citizen's Center	946-7434
Van Buren Senior Companion Program	946-2607

EDUCATION

UCHRA Van Buren County Head Start

Address: 24038 St. Rt. 30 Spencer, TN 38583

Director: Elise Blaylock

Telephone: (423) 881-5182 **Fax:** (423)-658-3192

Services: Head Start is a comprehensive preschool program that provides educational experiences for our children and educational opportunities for our parents/guardians. Health, dental, and nutritional services are a part of our program along with Social Services referrals and Family Advocacy when needed.

Eligible Persons: Children must be between the ages of 3 and 5 to enroll. (Must be 3 by August 15 of the program year.) **Fee:** None. Eligibility is based on income guidelines.

School Hours: Monday through Friday, 7:30 a.m. – 2:00 p.m. **Office Hours:** 8:00 am. – 3:30 pm., Monday through Friday **Website:** vanburenheadstart.com

Early Bird Preschool

Address: 311 Sparta Street Spencer, TN 38585

Telephone: (931) 946-7378

Services: Preschool Program

Eligible Persons: Children must be between the ages of four and five. **Fee:** None

Van Buren County School Board

Address: P.O. Box 98 Spencer, TN 38585

Telephone: (931) 946-2242

Director: Jared Copleand

Website: vanburenschools.org

Spencer Elementary School – Grades K-5

Address: 311 Sparta Street Spencer, TN 38585

Telephone: (931) 947-2171 or 946-2061

Fax: (931) 946-7113

Principal: Amanda Binkley

Van Buren County Middle School 6-8

Address: 337 Sparta Street Spencer, TN 38585

Telephone: (931) 946-2442

Principal: Katina Simmons

Van Buren County Senior High School 9-12

Address: 293 Sparta St Spencer, TN 38585

Telephone: (931) 946-2442

Principal: Katina Simmons

Adult Education Office

Address: 60 Ridley St # 108 Crossville, TN 38555

Telephone: (931) -484-5446 Option #4

Services: High School Equivalency

Eligible Persons: Adults needing Services **Fee:** None

Tennessee College of Applied Technology

Address: 241 Vo-Tech Drive McMinnville, TN 37110

Telephone: (931) 474-8324

Contact: Admissions Office (Jamie Robins)

Services: Job training, basic skills training, High School Equivalency, and Vocational Technology Training

Eligible Persons: All

Fee: Varies

Fortis Institute

Address: 1025 Highway 111 Cookeville, TN 38501

Telephone: (931) 526-3660

Services: Lab Technicians, Computer Technology, Medical Secretaries, etc.

Eligible Persons: All

Fee: Varies, Grants available

Motlow State Community College

Address: 225 Cadillac Ln McMinnville, TN 37110

Telephone: (931) 668-7010 or (800) 654-4877

Services: Higher Education, 2-year program

Fee: Varies - Grants and Student Loans available

Tennessee Technological University

Address: 1 William Jones Drive Cookeville, TN 38505

Telephone: (800) 255-8881

Services: Higher Education, 4 –year program, Grants and Student Loans available

Cookeville Higher Education Campus

Address: 1000 Neal Street Cookeville, TN 38501

Telephone: (931) 520-0551

Services: Higher Education, 2-year program, Grants and Student services.

Upper Cumberland Reconnect Community

Address: 1104 England Dr., Cookeville, TN 38501

Services: We serve adults, just like you, who are finally ready to earn a postsecondary degree or credential. We don't just help adults who want to earn a 4-year degree from a college or university. We also help adults finish Associate degrees and offer guidance to return to career colleges, technical schools, and certification programs. If you have been out of high school for a couple of years, or have completed some college and have taken some time off, contact us.

Contact: Cindy Taylor

Phone: 931-526-2211

Burritt Memorial Library

Address: 427 College St, Spencer, TN 38585

Telephone: (931) 946-2575

Librarian: Donna Beck

Services: Lends books, periodicals, newspapers, videos, and provides access to computers, fax, and Internet.

Eligible Persons: Van Buren County Residents

Fee: Nominal to None

Genesis Career College

Address: 880-A E 10th St, Cookeville, TN 38501

Services: Fully accredited career school

Phone: (931) 526-8735

Hours: Monday-Friday 8AM–5PM

Career Solutions

Address: 575 South Jefferson Cookeville, TN 38501

Phone: (931) 520-8789

Services: (Assists adults with disabilities to further their education)

SPECIAL EDUCATION ADVOCACY

Disability Rights/ Tennessee

Address: 2670 Union Extended, Suite 900 Memphis, TN 38112

Telephone: (800) 342-1660 – Nashville (800) 287-9636 **Hours:** 8:00 a.m. – 4:30 p.m., Monday-Friday

Services: Persons with Disabilities

Tennessee Rehabilitation Services/Vocational Rehabilitation Services

Address: 955 East 20th Street Cookeville, TN 38501

Telephone: (931) 526-9783

Services: Information and services for the physically impaired **Eligible Persons:** Adults

Library for the Blind and Physically Handicapped

Address: One Margaret Mitchell Square First Floor, Atlanta, GA 30303

Family Services: The Blind, Visually Impaired, the Deaf or Hard of Hearing

Telephone: (800)342-3308

Advocacy & Resources Corporation

Address: PO Box 3368 Cookeville, TN 38506

Phone: 931-432-6997, 931-432-5981, 1-800-861-6997

Services: Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs

COUNSELING ~ SPECIAL NEEDS SERVICES ~ SUPPORT GROUPS

Lifecare Family Services

Address: 665 South Jefferson Avenue Cookeville, TN 38501

Phone: (931) 528-0051, 1-800-881-0359

Fax: (931) 528-0021

Services: Faith-based community non-profit mental health facility that offers community mental health and counseling services, including marriage and family therapy: child, youth, and adult psychiatric care & nursing; child & adolescent counseling: intensive and therapeutic case management and family preservation.

Heart of the Cumberland

Address: 377 Short St. Suite A Cookeville, TN 38501

Phone: 931-525-2600

Services: Specially for children and teens that are hurting because of losses suffered through death, divorce or family circumstances.

www.heartofthecumberland.org

Kindred Hospice

Address: 750 E Spring St Ste B1, Cookeville, TN 38501

Phone: 931-528-5133, 1-800-468-4123

Services: Hospice, Nursing, Social Services, Spiritual Services, Veterans Program, Volunteer Services, Memory Care, Cardiopulmonary Program

Genesis House

Address: P.O. Box 1180 Cookeville, TN. 38503

Telephone: 24 Hour Crisis Line: (800) 707- 5197 or (931) 526-5197

Services: Counseling, education and information on shelter for victims of domestic violence. Also offer transitional housing for victims and a sexual assault response center with confidential services.

Avalon Women's Center

Address: 196 10th Street Crossville, TN 38555

Telephone: (Crisis Line) (800) 641-3434 (Business Office) (931) 456-0747

Services: Counseling, education and information on shelters for victims of domestic violence

Eligible Persons: All

Fee: None

Upper Cumberland Development District

Address: 1225 South Willow Avenue Cookeville, Tennessee 38506

Telephone: (931) 432-4111

Services: Issues regarding aging, disability, housing, families rearing relative children.

Cheer Mental Health Center

Address: 120 Omni Drive McMinnville, TN 37110

Telephone: (931) 473-9649 **Crisis Line: Adults**(800) 704-2651 **Children** (866)-791-9222

Hours: 8:00 a.m. – 6:00 p.m., Monday-Thursday 8:00 a.m.-5:00 pm., Friday

Services: Mental health information and psychiatric counseling

Eligible Persons: All

Fees: Varies

Plateau Mental Health Center

Address: 1200 South Willow Avenue Cookeville, TN 38501

Telephone: (931) 432-4123 **Crisis Line:** (800) 704-2651

Intake: (877) 567-6051

Services: Mental health information and/or counseling

Eligible Persons: Head Start children, parents/guardians, staff, family members, and all members of the Upper Cumberland community

Fee: Varies

Pacesetters, Inc.

Address: 2511 Highway 111 North Algood, TN 38506

Telephone: (931) 537-9100 **Hours:** 8:00 a.m. – 4:00 p.m., Monday through Friday
Services: Family support, day care, and equipment
Eligible Persons: Any person cognitively or physically disabled **Fee:** None

Youth Villages Foster Care

Address: 3310 Perimeter Hill Drive Nashville, TN 37211
Telephone: (866) 685-8430 **Cookeville:** (931) 525-6900
Service: Foster Care

Audiology & Hearing Center of Cookeville

Address: 728 S Jefferson Cookeville, TN 38501
Telephone: (931) 854-9499
Services: Screenings and referrals for services
Eligible Persons: All **Fee:** Varies, most all insurance accepted including TennCare

McMinnville Hearing Center

Address: 325 NE Baker Creek Rd McMinnville, TN 37110
Telephone: (503) 379-2996 **Hours:** 8:00 a.m. – 5:00 p.m., Monday, Tuesday, and Thursday
Eligible Persons: Ages 6 months or older with hearing impairment
Fee: Varies, most insurance and TennCare accepted

Upper Cumberland Regional Health Office

CSS (Children's Special Services) Physical Impairment

Services: Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.

TEIS (Tennessee Early Intervention System) Developmentally Delayed

Address: 1100 England Dr. Cookeville, TN 38501
Telephone: (931) 528-7531 **Hours:** 8:00 a.m. – 4:30 p.m., Monday-Friday
Eligible Persons: TEIA, 0-3 years CSS, 0-21 years **Fee:** Based on Income

Tennessee Voices for Children

Address: 1315 8th Avenue South Nashville, TN 37203
Telephone: (615) 269-7751 or (800) 670-9882 **Hours:** 8 am – 5 pm Monday – Friday
Services: Advocacy for Children with SED (Serious Emotional Disturbance, respite care)
Eligible Persons: Children of Tennessee **Fees:** Varies

EMPLOYMENT

Felony Friendly Websites (Companies that hire felons)

www.xamire.com - (TN Area) Find jobs, housing, federal programs, and other assistance.

www.thenextstep99.com Bring together recently released federal & state felons (candidates) looking for work, the agencies & facilities that magafe their post release experience.

www.exoffenders.net/employment , www.felonyfriendly.org

JOBS4TN.GOV

www.jobs4tn.gov

Services: Tools for job seekers- JOB4TN is a new kind of search engine that generates thousands of jobs listed by major Tennessee employers. It's the premier site for finding work and location useful labor market information. Fast access to Tennessee jobs! More than 90,000 local jobs, search for jobs by keywords, employer, education, skills, salary, location, and most recently posted. Ability to apply online. Receive daily notifications of jobs matching your qualifications. Create a resume. Search for information on training, demand occupations, and salaries.

American Job Center at Cookeville

Address: 1000 England Dr. Cookeville, TN 38501

Telephone: (931) 520-6020

Hours: Monday-Friday 8AM-4:30 PM

Services: Assess skills and develop a career plan, Match skills with current job openings, Improve resume writing, interviewing, and other skills, Acquire skills through targeted workshops and training, Access occupational training programs, Get access to internet, telephones, fax, and career information.

Adult Education, Local Veterans' Employment Representative, Trade/TAA/TRA, Snap E&T, Title V: SCSEP/SSAI

DP Personnel

Address: 257 S. Willow Ave. Suite 2 Cookeville, Tn. 38501

Telephone: (931) 372-8882

Services: Job search, compiling resumes

Eligible Persons: All

Malone Solutions

Address: 1105A Walnut Avenue Cookeville, Tn. 38501

Telephone: (931)372-0970 (877)705-2389

Website: www.malonesolutions.com

Services: Job search, compiling resumes

Eligible Persons: All

FAMILY SERVICES

Bread of Life Homeless Shelter and Clinic

Address: 281 Fourth Street Crossville, TN 38555

Phone: 931-707-0503

Services: Emergency shelter for displaced families and individuals. Housing for homeless families, veterans, personal and natural disaster victims. Emergency food assistance to anyone; free medical care for the uninsured. Free clothing to those in need; free household items for those starting over. Emergency help with rent and utility bills. Substance abuse placement and advocacy with the local court system and Biblical

counseling. Special help through the holidays to needy families. Spiritual help, Christian services.

Department of Human Services, Van Buren County

Address: 145 Spring Street, Spencer, TN 38585

Telephone: (931) 946-2437

Services: Families First, food stamps, job training referral **Eligible Persons:** Varies

Tennessee Child Support Division, Van Buren County

Address: P.O. Box 183, McMinnville, TN 37110 (125 East Main St.)

Telephone: (931) 473-6561

Services: Assistance with Court Orders and Child Support **Spencer Branch:** 1st and 3rd Thursday of each month

Dept. Human Services

Address: 145 Spring St. Spencer, Tn. 38585

Telephone: (931) 946-2437

Social Security Administration

Address: 931 Old Smithville Highway McMinnville, TN 37110

Telephone: (800) 772-1213

Services: SSI, SS disability applications and applications for SS numbers

Child Support

Address: 1525 G East Spring Street Cookeville, TN 38506

Telephone: (931) 528-8598

Services: Information regarding child support services and enforcement

Van Buren County Senior Companion Program

Address: P.O. Box 3 Spencer, TN 38585

Telephone: (931) 946-2607

Service: Senior Companion Program **Eligible Persons:** Senior Citizens

Upper Cumberland Relative Caregiver Program Cookeville

Address: 1225 South Willow Avenue Cookeville, TN 38506

Phone: 931-432-4111 or 877-275-8233 **Hours:** Monday - Friday 8 am - 4:30 pm

www.ucdd.org

Services: Families in the Upper Cumberland region who are raising relative children who are not in state custody. Children and relative caregivers can receive support services such as Family Advocacy/Case Management, Support Groups, Emergency one time Financial/Start-Up Assistance Educational Workshops, Respite & Enrichment Activities, Material Assistance and Information and Referrals and is funded by the Department of Children Services.

MEDICAL ~ HEALTH ~ NUTRITION

Food Stamp Hotline

Address: Nashville, Tennessee

Telephone: (866) 311-4287

Services: Information regarding food stamp services

Eligible Persons: Income eligible

Upper Cumberland Human Resource Agency

Address: 445 College St Spencer, TN 38585

Sparta Office toll free from Spencer: (931) 946-7151 **Fee:** Income Eligible

Services: Community Services: Homemaker aide and Elderly Chore Services, Low-Income Home, Energy Assistance Program (LIHEAP), Weatherization Assistance Program (WAP), Emergency Services Program, Information and Referral Services, Child and Adult Care Food Program (CACFP), Choices (TennCare) Home Modifications, Housing Opportunity for Persons with Aids (HOPWA), Ryan White Community Aids Partnership
Transportation: Upper Cumberland Area Rural Transit System (UCARTS), Rural Commuter (Vanpool), New Freedoms, Shuttle on Schedule (SOS), Job Access

Temporary Emergency Food Assistance, VB Head Start

Nutrition: Congregate Meals, Home Delivered Meals (Title III, Options, Family Caregiver, Choices, CSBG, STAR Program (Self-Sufficiency Training and Results)

Residential Services: Chance- group home for girls, Indian Mound- group home for boys, Cumberland Mountain School- group home for boys

Community Intervention: Community Intervention for Juvenile Offenders, Adult Community Corrections, DUI School, Drivers Education

Court Appointed Special Advocates

American Cancer Society

Address: 2000 Charlotte Avenue Nashville, TN 37203

Telephone: (615) 327-0991 (800) ACS-2345

Eligible Persons: All

American Cancer Society, Cookeville office

Address: 753A Humble Dr. Chattanooga, Tn. 38501

Telephone: 800-227-2345, (423)- 855-2778

Services: Cancer Support Group, Wigroom, Hope lodging (for patients to utilize while receiving treatment, On call nurse, Financial Assistance

Erlanger, Bledsoe Community Medical Center

Address: 71 Wheelertown Ave Pikeville, TN 37367

Telephone: (423) 447-2112

Services: Emergency and non-emergency medical services

Fee: All TennCare accepted

River Park Hospital

Address: 1559 Sparta Street McMinnville, TN 37110

Telephone: (931) 815-4000

Services: Emergency and non-emergency medical services

Fee: Varies

Autism Society of Middle Tennessee

Address: 955 Woodland St. Nashville, Tn. 37206

Services: Resources for Autism

Telephone: (615) 385-2077 **Fax:** (615)3831176

Vanderbilt Autism Resource Line

Address: Vanderbilt Hospital, Nashville, Tennessee

Telephone: (877)273-8862

Autism and Behavior Services Chattanooga, Tn.

Address: 1000 East 3rd St. Medical Towers Suite 100 Chattanooga, Tn. 37403

Telephone: (423) 664-0903 **Fax:** (423) 602-9710

Cumberland Family Care, Van Buren Clinic

Address: 476 Spring St. Spencer, TN 38585

Telephone: (931) 946-2113 **Fax:** (931) 946-2248

Service: Family and general practice

VBC Health Department: Health Services, Family Planning, Uninsured Clinic

Address: 907 Old McMinnville Hwy. Spencer, TN 38585

Telephone: (931) 946-2438 **Hours:** 8:00 a.m.–4:30 p.m., Monday-Friday. **Late WIC every third Tuesday, 4:30-6:00 p.m.**

Contact: Mindy Copeland, Public Health Nurse

Services: Immunization; well-child examinations; infant follow-ups; TENNderCARE, Tennessee's (EPSDT (early and periodic screening, diagnosis and treatment) Program; pediatric evaluations; hearing tests, and school health, clinic for uninsured. Other services include family planning; communicable diseases; vaccines; colorectal cancer screenings; blood pressure; WIC Supplemental Food Program; and health education.

Eligible Persons: All **Fee:** Based on Income

Children's Special Services (CSS)-Van Buren County Health Department

Dental Services: Contact White County Health Department - 931-836-2201

White County Community Hospital

Address: 401 Sewell Road Sparta, TN 38583

Telephone: (931) 738-9211

Services: Emergency and non-emergency medical services

Fee: Varies, TennCare accepted

Van Buren Development and Service Board-Senior Companion Program

Address: P.O. Box 3 Spencer, TN 38585

Telephone: (931) 946-2607

Services: Senior Companion Program

Eligible Persons: Senior Citizen

Department of Veterans Affairs-Alvin C. York Medical Center

Address: 3400 Lebanon Pike Murfreesboro, TN 37129

Services: Women's Clinic, Mental Health Services, Family Counseling, Patient and Family Education, Preventative Health Services, Dental Services, Vision Care

Telephone: (615) 867-6000

Tennessee Poison Control Center

Address: 501 Oxford House, 1161 21st Avenue South Nashville, TN 37232

Services: Information and Referral, Toxicology

Telephone: (800) 222-1222 (Emergency hotline), (615) 936-0760 **Hours:** 24 hours, 7 days per week

Generations Center of Spencer, Nursing Home

Address: P.O. Box 135 Spencer, TN 38585

Telephone: (931) 946-7768

Service: 70 bed unit, provides physical therapy, occupational therapy

MANAGED CARE ORGANIZATION

Blue Cross/Blue Shield: (800) 924-7141

Online: www.bcbst.com

BEHAVIORAL HEALTH ORGANIZATION

Volunteer Behavioral Health

Address: 1200 South Willow Street Cookeville, TN 38506

Phone: (931) 432-4123

Fax: (931) 432-5838

HOUSING

Greenbriar Apartments

Address: 423 Drake/Shockley Street Spencer, TN 38585

Telephone: (931) 946-7285 **Hours:** Mon 9:00 am - 2:30 pm Wed. 9:00 am - 3:30 pm Friday 9:00 am 2:30 pm
Mon., Wed. and Fri. (423) 263-7527 **Maintenance:** 931-316-3001

Services: Rent based on income

Highland Village Apartments

Address: 17 Highland Village Dr, Spencer, TN 38585

Phone: (931) 946-2345

Hours: 8:30am – 5:30pm Wed., Thurs.

Service: Apartment rental, 20 - 1 bedroom apartments

Eligible Persons: Elderly and disabled only

Fee: Rent based on income and number in family

Sparta Housing Authority

Address: P.O. Box 419 300 Craig Rock Dr. Sparta, TN 38583

Telephone: (931) 836-3357

Services: Leases, 1-5 bedroom duplexes, central heat and air, and lawn. Electric and gas included in rent. Occupant responsible for other utilities, i.e., cable, telephone, water and sewer.
Eligible Persons: All **Fee:** Rent based on income guidelines

Tennessee Housing Development Agency

Address: 1525 East Spring Street, P.O. Box 639 Cookeville, TN 38503
Telephone: (931) 520-0608 **Hours:** 7am – 4pm Mon. - Fri.
Services: Low income housing, Section 8 rental assistance, HUD housing

United States Department of Agriculture

Address: Rural Development 390 South Lowe Avenue Suite K Cookeville, TN 38501
Phone: 931-528-6539
Services: Provides affordable home loans. Assist low-income homeowners' fiancées needed home repairs.

FOOD SOURCES

Red Cross Office-Disaster relief and servicemen & families

Address: ARCADE IN GOD WE TRUST, 14 S Madison Ave, Cookeville, TN 38501
Telephone: (615) 893-4272

Food Stamps Department of Human Services

Address: 145 Spring Street Spencer, TN. 38585
Telephone: (931) 946-2437

UCHRA Office Van Buren County Commodities

Address: 500 College Street Spencer, TN 38585
Phone: (931) 946-7151 **Fax:** (931) 946-2876
Coordinator: Sheila Robinson srobinson@uchra.com

Van Buren County Food Outreach

Address: 322 Sparta St, Spencer, TN 38585
Telephone: (931) 808-6900 **Hours:** Thursday 9AM-11AM

CLOTHING

Van Buren County Head Start Lending Closet

Address: 24038 State Route 30 Spencer, TN 38585
Services: Clothes, Books, Toys
Telephone: (423) 881-5182

Spencer Family Resource Center

Address: 66 Sparta Street Spencer, TN 38585
Services: access to shower, laundry, clothes/shoes, personal hygiene supplies, and food

Telephone: (931) 946-2242

LEGAL AID

Rural Legal Services of Tennessee Legal Aid Society of Middle TN

Address: 9 South Jefferson, Suite 102 Cookeville, TN 38501

Telephone: (931) 528-7436 Toll Free (800) 262-6817

Services: Referrals, information, advice, and services

Eligible Persons: Income eligible

Fee: Varies

Tennessee Child Support Services-Van Buren County

Address: P.O. Box 183 McMinnville, TN 37110

Telephone: (931) 473-6561

Disability Law and Advocacy Center

Address: P.O. Box 121257 Nashville, TN 37212

Telephone: (615) 298-1080 or (800) 342-1660

Services: Information and referral, telephone consultation, advocacy, and legal services

Children's Advocacy Center for the 31st Judicial District

Address: P.O. Box 7287, 1350 Sparta Street McMinnville, TN 37111

Phone: 931-507-2386

Fax: 931-507-2387

Services: Assist with child abuse/domestic violence and other legal issues.

TRANSPORTATION

Upper Cumberland Human Resource Agency-Rural Public Transportation

Address: 580 S. Jefferson Ste. B Cookeville, TN 38501

Telephone: (931) 528-1127

Services: Transportation

Eligible Persons: All

Fee: Varies

BlueCare Transportation

Address: Nashville, TN

BlueCare East: 1-866-473-7563

BlueCare Middle: 1-866-570-9445

BlueCare West: 1-866-473-7564

TennCare Select Statewide: 1-866-473-7565

Services: Transportation for TennCare recipients to medical services

Eligible Persons: Anyone with BlueCare insurance

Upper Cumberland Human Resource Agency

Address: 445 College St, Spencer, TN 38585

Telephone: (931) 946-7151

Hours: 8:00 a.m. – 4:30 p.m.

Services: Transportation to work, doctors, hospital, or other

Eligible Persons: All

Fee: Varies

Upper Cumberland Human Resource Agency Vet Rides

Address: 580 S. Jefferson Ste. B Cookeville, TN 38501

Telephone: (844) 993-7499 **Hours:** 8:00 a.m. – 4:30 p.m.

Services: Offer individualized transportation assistance to veterans

Eligible Persons: Veterans **Fee:** Varies

Upper Cumberland Human Resource Agency Travel Training Program

Address: 580 S. Jefferson Ste. B Cookeville, TN 38501

Telephone: (931) 528-1127

Services: Assist those who are unsure of riding the local Public Transit System. Training provides the opportunity to learn about public transportation, how it works, and how it can work for you.

Eligible Persons: All **Fee:** None

SUBSTANCE ABUSE ASSISTANCE

Cumberland County Drug Alliance

Address: 261 Yvonne Avenue Box 926 Crossville, TN 38557

Telephone: (931) 456-2859 **Fax:** (931) 707-8921 **Hours:** 8:00 a.m. – 5:00 p.m., Monday-Friday

Web Site: www.tadcenter.com

Services: Drug prevention, intervention, and counseling

Narcotics Anonymous

Telephone: 1-888-476-2482

Services: Provides information on locations and times of NA meetings

Eligible Persons: Anyone seeking recovery **Fee:** None

Van Buren County Health Department

Address: 907 Old McMinnville Hwy. Spencer, Tn. 38585

Telephone: (931) 946-2438

Services: Referral and information for drug treatment **Eligible Persons:** All

TDH, Bureau of Alcohol and Drug Abuse Services-William R. Snodgrass Tennessee Tower

Address: 26th Floor, 312 8th Avenue North Nashville, TN 37247-4401

Telephone: (615) 741-1921 **Fax:** (615) 532-2419

Referral Line Treatment Services: (800) 889-9789 **Web Site:** www.findtreatment.samhsa.gov or www.crystallmeth.org

Alcoholics Anonymous

Telephone: 1-800-559-2252

Meeting At: Mary Turner-Scott Building

Address: 180 Janice Dr. Sparta TN. 38583

Fees: Varies

Tennessee Department of Mental Health & Substance Abuse Services

Services: Counseling, treatment, and support

Web Site: <https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery.html>

Address: Marie Williams, Commissioner 500 Deaderick Street Nashville, TN 37243

Telephone: (615) 532-6700

Email: OCA.TDMHSAS@tn.gov

Van Buren Prevention Coalition

Services: Drug prevention and intervention

Web Site: <https://www.facebook.com/VanBurenCoPreventionCoalition/>

Email: ybcpreventioncoalition@gmail.com

Address: 38585

HIV TESTING AND SUPPORT

Tennessee Department of Health-STD/HIV Program

Address: Cordell Hull 425 5th Avenue North Nashville, TN 37247

Telephone: (800) 525-AIDS or (800) 525-2437

Contact: Intake Receptionist for referral

Services: Testing, counseling, treatment, and support

Eligible Persons: All

Fee: Based on income, services at each County Health Department

UCHRA (Upper Cumberland Regional Health Office)

Address: 200 West 10th Street Cookeville, TN 38501

Telephone: (931) 528-7531

Hours: 8:00 a.m. – 4:30 p.m., Thursday

Services: Services for persons who tested HIV positive

Fee: Based on income

UCHRA Housing Opportunities for Persons with AIDS (HOPWA)

Address: 580 S. Jefferson Ave., Suite B. Cookeville, TN 38501

Services: HOPWA enables eligible persons with HIV/AIDS and their families to secure decent safe and sanitary housing

Telephone: 931-528-1127 ext. 639

Contact: UCHRA

STATE RESOURCES

AMERICAN DIABETES ASSOCIATION (TENNESSEE AFFILIATE)

Address: 900 East Hill Avenue, Suite 240, Knoxville, TN 37915

Telephone: (865) 524-7868 or (800) 342-2383 (800-DIABETES)

AMERICAN HEART ASSOCIATION and STROKE ASSOCIATION (TENNESSEE AFFILIATE)

Address: 1818 Patterson Street, Nashville, TN 37203, **Telephone:** (615) 340-4100

EPILEPSY FOUNDATION

Address: 2002 Richard Jones Road, Suite C-202, Nashville, TN 37215

Telephone: (615) 269-7091 or (800) 244-0768

NATIONAL KIDNEY FOUNDATION OF MIDDLE TENNESSEE

Address: 2120 Crestmore Rd., Nashville, TN 37215 **Telephone:** (615) 383-3887 or (800) 380-3887

LIBRARY SERVICES FOR THE DEAF AND HARD OF HEARING

Address: 615 Church Street, Nashville, TN 12314, **Telephone:** (615) 862-5750 or (800) 342-3262

STEP (SUPPORT AND TRAINING FOR EXCEPTIONAL PARENTS)

Address: 480 Craig Heat St., Nashville, TN 37204, **Telephone:** (615) 463-2310 or (800) 280-STEP

AMERICAN LUNG ASSOCIATION

Address: 3335 Ringold Road, Suite 105, Chattanooga, TN 37412 **Telephone:** (800) 586-4872

Homeless Assistance

Bread of Life Mission

Address: 281 Fourth Street Crossville, 38555

Telephone: 931-707-0503

Hours: Monday-Friday 9am-4pm

Cookeville Rescue Mission

Address: 1331 S. Jefferson Ave. Cookeville, TN 38506

Telephone: 931-528-5819

NATIONAL RESOURCES

American Association on Intellectual and Developmental Disabilities (AAIDD)

Address: 501 3rd Street, NW, Suite 200 Washington, D.C. 20001

Telephone: 202-387-1968

Fax: 202-387-2193

AMERICAN SOCIETY FOR DEAF CHILDREN

Telephone: (800) 942-2732

NATIONAL EASTER SEALS SOCIETY

Telephone: (800) 221-6827

NATIONAL ORGANIZATION FOR RARE DISORDERS

Telephone: (800) 999-6673

AUTISM SOCIETY OF AMERICA

Telephone: (800) 328-8476

MARCH OF DIMES BIRTH DEFECTS FOUNDATION

Telephone: (914) 997-4488

In Tennessee (615) 399-3200

CANDLELIGHTERS CHILDHOOD CANCER FOUNDATION

Telephone: (713) 270-4700 Fax: (713) 270-9802

CYSTIC FIBROSIS FOUNDATION

Telephone: (800) 344-4823

NATIONAL DOWN SYNDROME SOCIETY

Telephone: (800) 221-4602

EPILEPSY FOUNDATION OF AMERICA (EFA)

Telephone: (800) 332-1000

ASSOCIATION FOR RETARDED CITIZENS

Telephone: (800) 433-5255

MDA (MUSCULAR DYSTROPHY ASSOCIATION)

Telephone: (423) 855-0645 or (800) 572-1717

SPINA BIFIDA ASSOCIATION OF AMERICA

Telephone: (800) 621-3141

NATIONAL SUDDEN INFANT DEATH SYNDROME ALLIANCE (SIDS)

Address: 1314 Bedford Avenue, Suite 210, Baltimore, Maryland 21208 **Telephone:** (800) 221-7437

STATE OFFICIALS

Governor: Bill Lee

Address: State Capitol, First Floor Nashville, TN 37243

Telephone: (615) 741-2001

Senator: Marsha Blackburn

Address: Dirksen Senate Building SD-185 Washington, DC 20510

Telephone: (202) 224-3344 **Fax:** (202) 228-0566

Chattanooga Office: 10 West MLK Blvd., 6th Floor Chattanooga, TN. 37402

Telephone: (423) 756-2757 **Fax:** (423) 756-5313

Senator: Paul Bailey

Address: 302 Hart Senate Office Building Washington, DC 20510

Telephone: (202) 224-4944 or (800) 722-7474 **Chattanooga Office:** (423) 752-5337 **Fax:** (423) 752-5342

Representative: Ron Travis

Nashville Address: 301 6th Avenue North Suite 20 Legislative Plaza Nashville, TN 37243

Telephone (615)741-2343 **Fax** (615)253-0230

Congressman: John Rose

Address: 2301 Rayburn HOB Washington, DC 20515

Telephone: (931) 854-9430 **Fax:** (615) 206-8980
