UCHRA Van Buren County Head Start

11/3/26

November

- 11/3/26 Election Day: No School
- 11/7/26 Food Bank Sampson Church 9 AM
- 11/10/26 Cooking Class
- 11/11/26 Veteran's Day: No School
- 11/18/26 Board Meeting 4 PM
- 11/19/26 Chattanooga Food Bank Distribution 9 AM
- 11/20/26 Parent Committee Meeting 8 AM
- 11/24/26 No School Parent Teacher Conferences
- 11/25-11/27 Thanksgiving Break: No School





Perfect Attendance October

Haverley
Xion
Layla
Zayda
Isabelle
Ellie
Deacon
Trinton
Remi
Aaliyah
Emma
Uriah
Clara
Heaven
Seth
Mikia



November Birthdays

Emmanuel
Maverick
Remi

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Transition Talk



Van Buren County Head Start partners with our local Elementary schools to provide a smooth transition for you and your child to the local school system. We work on kindergarten readiness skills that the local school system has considered to be skills that will enable success in kindergarten. Among these skills are color, shape and letter recognition. This document is called “Van Buren School Kindergarten Readiness Skills Checklist”. These skills are incorporated into our weekly individualization that the teachers work with your child on. The teachers will be reviewing this document with you at the Parent Teacher Conference in November. We also provide power packs that work on these skills for you to check out. When families work on these kindergarten readiness skills at home as we work on them at school, your child accomplishes these skills and continues to progress with the next emerging skill. Together we prepare your child for this transition to kindergarten.

Rita Mayfield
Assistant Mentor Coach/Education Supervisor

Hand Puppet Turkey

Materials Needed:

- Colored Construction Paper- Your Choice
- Scissors
- Glue
- Black Marker
- Pencil
- Hole Punch



Instructions:

- Using a pencil, trace your hand on the different colors of construction paper you picked
- Cut out the hands that you traced
- You will need one hand for the Turkey's body, and the rest of the hands will be for the Turkey's feathers (between 5 and 10)
- Glue together the hands that you will be using for the Turkey's feathers
- Glue the group of feathers to the back of the Turkey's body
- Draw a face for your turkey
- Using the hole punch, punch two holes at the bottom of the Turkey's body
- Now the turkey can be a puppet by putting your fingers through the holes!



Here is a harvest of activities picked just for you!



Sensory Bin: Your child will have fun bringing in the harvest with this activity. Let your child fill the bottom of a plastic bin with grass they can pull right out of the yard! If they don't already have a play farm set then give them some small empty juice boxes or milk cartons to create a farm and a barn. Pour out a few handfuls of cereals like Cheerios or Cinnamon Toast Crunch and add in some of their toy trucks and tractors. Your child can fill their trucks with the "harvest" and take loads to the barn!

Grocery store harvest: Find pictures, or take your own, of different fruits and vegetables that you can gather from the grocery store. Take your child grocery shopping with you and each time you show them a picture card, help them find that fruit or vegetable in the store. They can even help you count how many apples, peppers, tomatoes, etc. to put in your buggy!

Apple Picking: First, let your child have fun creating a tree. They can draw it, paint it, glue down pieces of paper, or use whatever materials you have handy to create a tree. Then, help your child roll up some balls of red playdough to be the apples on the tree and place the apples all over the branches and leaves. Bring out a die and two small bowls to be your baskets. Take turns rolling the die and taking that many apples off of the tree. The player with the most apples harvested wins!

Being Thankful: The fruits and vegetables harvested in the fall end up in our homes for us to enjoy with our families. Here is a song your family can sing before every meal:

We are thankful for this meal, for this meal (clap, clap)
This is how we really feel, really fell (clap, clap)
Good food makes us strong (show muscles)
Good friends sing along (move fingers like a music conductor)
We are thankful for this meal, for this meal (clap, clap)

Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D

November **Celebrating Families**

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 	2. Decorate lunch-sized paper bags using yarn, googly eyes, crayons, etc., to look like each family member, and use these puppets in lots of fun ways!	3. Cut out a house shape out of a paper bag and a few pieces of white paper, too. Have your child draw a picture of each family member, then staple the top to make a book!	4. Glue pictures of your family's faces on the sides of Duplo blocks. When your children are building houses, they will see their family's faces in the windows!	5. ***ACTIVITY PAGE*** **The Family Book** Click the picture to view our featured book 	6. Cut a paper grocery bag in half. Help your child glue pictures from magazines of things they like onto the square or rectangular shape made for them to use as a placemat when eating!	7. ***Weekend Wrap-Up*** Visit your local library and get some books about families! Not every family looks the same or does the same things. This is good for your child to know!
8. *Spend this Sunday Family Fun Day - playing board games!*	9. Create a popsicle stick to represent each family member. Put them in a jar and pull them out when choosing who will do a chore or who gets to choose the game for game night!	10. Cut out different sizes of triangles and let your child use them as puzzle pieces to make houses with windows, doors, roofs, etc. 2 triangles make a square!	11. Set aside some clothing that mommy and daddy wear for your child to play with for dramatic play. What's Daddy doing? Where's mommy going?	12. ***ACTIVITY PAGE*** **Playdough family**	13. Make an "o" by touching thumb to pointer finger on each hand. Curl the other 3 fingers down. Put the circles together and then move outward in a circular motion. That is the sign for "family"!	14. Weekend ***Wrap-Up*** Make plans with another family. Each of you plans the day. Maybe they will show you a park they love, and you bring a favorite snack!
15. *Spend this Sunday Family Fun Day - baking delicious cookies!*	16. Teach your child the real names of their family members. Not just sissy or mommy, daddy, bubba, etc. They may get in a situation where they need to know your real names!	17. Use describing words to play "I Spy Family" with your child. I spy someone with a red on. It's brother! I spy someone with long hair. It's mommy!	18. Leave a nice note with a picture on another family's door or in their mailbox, letting them know that your family is glad, their family is your neighbor! Maybe they will return one to you!	19. ***ACTIVITY PAGE*** **Family Time Capsule**	20. Pass a ball back and forth between family members to a predetermined number. Whoever has the ball at the number has to say something nice about another family member!	21. ***Weekend Wrap-Up*** Have a family picnic (inside if it's too cold). Everyone enjoys each other's company while sitting on a blanket instead of at a table!
22. *Spend this Sunday Family Fun Day - going to see a movie or watching one at home!*	23. Take small pieces of paper and make "help tickets" that you fill out when your child asks for help with something and you are busy. This will help you to come back to it!	24. It's a "Tasty Tuesday!" Let your child help you put a new afternoon snack together for the family to try! How about drizzled peanut butter over bananas? Yummy!	25. Call a family member who lives out of town. Let your child speak to them and ask what they are doing and how they are. Phone calls are great ways to stay connected!	26. ***ACTIVITY PAGE*** **Family Calendar**	27. Have a family food fight- in a safe way! Offer 2 fun choices for dinner- maybe pizza or burgers. Whoever jumps the highest, or whoever is the quietest the longest, or whatever you choose, wins and gets to decide what's for dinner!	28. Weekend ***Wrap-Up*** Take a walk, and when you see an animal, someone's pet or a wild animal, call attention to it and talk about where it lives with its family!
29. *Spend this Sunday Family Fun Day - decorating for the holidays!*	30. "I love you. You love me. We're a happy family! With a kiss and hug from me to you. Won't you say you love me too!"		**Calendar created by: Dr. Pamela B Connor- Educational Trainer and Consultant** **Calendar Translated by: Manuela Rodriguez** Books by the Bushel NWBOC OhioWBE			